



R e a c h i n g **Across the Divide**

Bringing a Psychoanalytic Sensibility to Culture and Practice

November 9-12, 2023 • Palmer House Hilton, 17 East Monroe St, Chicago

American Association for Psychoanalysis in Clinical Social Work

Sponsored by National Institute for Psychoanalytic Education & Research in Clinical Social Work, Inc. (NIPER)*, 501c3 educational arm of AAPCSW.

At this conference, we will explore what we are experiencing inside and outside our consulting rooms. “Divisiveness” seems more prominent today than at other times in history. Is it no greater but rather less hidden today? How are we to hear the other and bridge the gaps that we encounter? From its focus on internal conflict to the ways in which we understand and face difference, psychoanalytic thinking has much to say about the topic of divisiveness. Join us as we discuss the theory and therapeutic stance of responding to divisions, as they relate to the issues that are presented to us in our practices, in our communities, and in the world.

Thursday, November 9

4:00 – 6:00 pm **Inside Chicago Walking Tour**

(Wear comfortable shoes. Meet at the Palmer House Hilton)

Experience Chicago from the inside out through its beautiful architectural interiors that get overlooked, spanning more than 100 years of architecture. Complimentary ticket sponsored by AAPCSW. Separate registration. [For all conference participants and their guests.]

7:00 – 9:00 pm **Opening Reception**

Chicago Athletic Association (The Game Room) - 12 S. Michigan Avenue (near Madison)

Evolving from their past, this landmark building is now a gathering place for all. The original billiards room has been reborn as a lively playground with a selection of classic games and a bar that pays homage to their clubby past for a new era. A deep cocktail culture paired with classic suds and grub plays exceptionally well with good-spirited competition on the billiards, shuffleboard, chess, and checkers tables. Game on! Separate fee includes food and beverage. [For all conference participants and their guests.]

Friday, November 10

7:45 – 9 am **Registration**

9:00 – 10:45 am **PLENARY (CE 1.75)**

1.

Loss and Mourning: A Passage Through the Faraway, Nearby

Kerry L. Malawista, MSW, PhD

Janice Berry Edwards, PhD, LICSW, LCSW, LCSW-C, BCD, Moderator

How do we mourn the loss of someone essential to our identity? How do we find a bridge between the *nearby* of overwhelming grief and the dreaded *faraway*, of feeling our loved one is lost to us forever? In her work with patients and her own personal loss of her daughter, the presenter will suggest that a *middle distance* is necessary, a space that bridges the faraway and the nearby. In the *middle distance* – a liminal space – a death can be slowly integrated. The bereaved can shift between moments of excruciating pain, and moments of ordinary-living, ultimately able to summon loving memories without the daily ache and pain of loss, transforming suffering and surviving into healthy thriving.

After attending the presentation, participants will be able to

- Identify the complex dynamics that arise when a parent loses a child.
- Describe an understanding of identification, taking a loved one inside, as a means of healthy mourning and resilience.

A Mourning Walk: An Autoethnographic Reflection of Intergenerational Trauma

Lisa L. Moore, PhD, LICSW

Janice Berry Edwards, PhD, LICSW, LCSW, LCSW-C, BCD, Moderator

This talk addresses the intricacies of understanding how a traumatic event and the accompanying divisiveness of race and class shapes a family narrative of resilience and the persistence of mourning across two generations. Drawing on the mysterious death/murder of her paternal uncle in the 1950's in Red Springs, North Carolina, Moore will highlight the impact of his death on her paternal family. Psychodynamic theory, Fanon's theory of phobogenesis (fear of the Black body), Black feminist theories, and Relational Cultural Theory will inform this presentation which will interrogate the ways race, racism, and gender are navigated by a family when considering its past and present.

After attending the presentation, participants will be able to

- Describe how Fanon's concept of phobogenesis offers a framework for understanding the operationalization of fear and its contributions to divisiveness and dehumanization of Black and Brown people.
- Identify the ways that multiple theoretical lenses are applied when exploring intersectional dynamics of race, class, gender, and mental health.

11:00 am – 12:30 pm Sessions 2-9 (CE 1.5)

2.

Panel

Fostering Hope and Creativity in Child Welfare Settings

AAPCSW Child and Adolescent Committee

Benjamin Lang, LCSW

Claire Haglund, PhD, LMSW, MMT

Karen Baker, MSW, Co-Chair, Moderator

The presenters will use case material to explore the traditionally oppressive nature of child welfare settings and provide a creative outlook on how connection and containment can be facilitated through play and psychodynamic theory. This material will illustrate how important it is for patients and therapists to survive. In "Fostering Creativity," Lang highlights how he used psychoanalytic research to

survive working at a DCFS-monitored residential therapeutic center, reflecting on children and parents he met there, and the history of the agency as it changed over time. In "Fostering Hope," Haglund will examine how psychodynamic work was creatively delivered within a child welfare setting with at-risk youth, despite the legal system's attempts at impingement and halting therapeutic services altogether. A clinical case will demonstrate the hope psychodynamic work fostered in the young adult, as well as in the clinician.

After attending this presentation, participants will be able to:

- Identify the value of applying psychodynamic/analytic therapy when working in child welfare settings.
- Describe a social justice perspective on psychodynamic/analytic theory.
- Explain different ways psychoanalytic ideas might be brought back to agency settings.
- Define how important the role of a psychodynamic therapist is within the child welfare setting.

3.

Panel

New Voices in Psychoanalysis

Susan Resek, DSW

Theresa Aiello, PhD, LCSW, Chair, Discussant/Moderator

Resek presents "Gaslighting. 'Did it Really Happen?': The Impact of Gaslighting in the Family as it Emerges in Clinical Practice with Adults." She discusses the historical context of the concept of gaslighting, the complicated transferences in treatment with adults, and how the processing of trauma is impeded by gaslighting in the family. A composite of clinical material is presented, utilizing theories from object relations, self-psychology, intersubjectivity, and ego psychology.

After attending the presentation, participants will be able to

- Describe the impact of gaslighting on the adult who experienced it as a child.
- Discuss working with complicated transferences as they emerge in clinical practice.

4.

The Impact of Pre-Oedipal Trauma and the Healing Nature of the Therapeutic Relationship: A Case Discussion

Michael De Simone, PhD, LCSW

Janet Burak, LCSW, Moderator

This presentation will focus on the long-term effects of pre-oedipal trauma on personality development. A clinical case will illustrate and address the challenges of working through long held pathological character defenses. Issues related to resistance, transference, and countertransference, as they unfolded and influenced the direction of the treatment, will also be discussed.

After attending the presentation, participants will be able to

- Describe the long-term distress that pre-oedipal trauma can have on issues related to separation-individuation and personality development.
- Identify technical approaches that can be used in working with patients with deeply entrenched character defenses.

Enthralled: Our Indelible Ties to Rejecting Objects

Alan J. Levy, PhD, LCSW

Janet Burak, LCSW, Moderator

In 1944 Ronald Fairbairn introduced the Endopsychic structure of the personality in his theory of object relations. He considered objects as originating from actual relational trauma, causing a split in the ego (self), and resulting in three endopsychic organizations: the Central Ego, the Libidinal Ego, and the Antilibidinal Ego. Relatively little attention has been paid to their defensive functioning, their personifications, and their security operations. This presentation will examine the manifestations and functions of how the Antilibidinal Ego protects the tie to the Rejecting Object. Its operations, destructiveness, appearance in transference-countertransference enactments as well as ways to engage this organization therapeutically will be described and illustrated.

After attending the presentation, participants will be able to:

- Describe the organization and functions of the Antilibidinal Ego and its ties to the Rejecting Object.
- Discuss their manifestations within the clinical setting.
- Identify ways of engaging this organization therapeutically.

5.

Panel

Being Called Out: Divisions Between Patient and Analyst

Sandra Silverman, LCSW

Michelle Shubin, LCSW, BCD

Edward Ross, LCSW, Moderator

This panel examines moral and ethical crises that arise in two treatments. The first paper by Shubin explores issues of trauma, toxic projection, the analyst's dissociated identifications, and "therapeutic evenness" as she works with a patient who has been publicly accused of being a "Karen". The second paper by Silverman describes clinical work with an orthodox Jewish woman who wants to leave her community and who, secretly, identifies as queer, focusing on what it means when therapist and patient share an identity but carry unconscious bias towards the other person's expression of that identity.

After attending this presentation, participants will be able to

- Identify ways in which both the analyst's and the patient's experiences of trauma impact the analytic dyad.
- Describe ways the analyst can manage difficult countertransference experiences with regard to race, religion, and personal histories.

6.

Workshop

How Much Has Changed: Exploring Experiences of Distance and Difference in the Wake of the Pandemic

Libby Bachhuber, AM, LCSW

Caitlin Spies, AM, LICSW

Andrea Barbour, MA, LMFT, Moderator

The COVID-19 pandemic, together with other large-scale disruptions and social movements of recent years, has had profound impacts on us as individuals and as a field. In some ways, we find ourselves more alienated from one another, with less collective capacity to make meaning of the changes—both concrete and internal—we are now navigating. This workshop will explore these themes and provide a supportive container for participants to reflect on experiences and repercussions of these years, with particular attention to listening and connecting across difference.

After attending the presentation, participants will be able to

- Discuss two large-scale events or issues that have significantly impacted their lives since March 2020, and some of their emotional and behavioral responses to these events.
- Describe two ways that their clinical practice and/or working lives have been affected by the above experiences.

7.

Memory and Reality, Illusion or Truth: Growing Up in the Segregated South

Anne B. Segall, LMSW

Cathy Siebold, DSW, LCSW, Moderator

This workshop offers a reflection on lifelong efforts to construct a personal coherent narrative of the presenter's childhood growing up in the segregated South. How did the racial violence and dominant norms of this culture impact self-examination, memory, and identity. What did it mean to live in a society of profound coercive social control in everyday life and what was the emotional experience of a young white girl, as witness, participant, and implicated subject. Personal and intergenerational trauma, shared mourning, Layton's normative unconscious processes, and the impact of early shame and guilt will serve as a guide for understanding complex dynamics of social reality and psychic life.

After attending the presentation, participants will be able to

- Identify the role of normative unconscious processes in maintaining the dominant norms of social control and racism.
- Describe the consequences and impact of intergenerational trauma on both children and on large group identity.

Enlivening the Dead Mother: The Transformative Experience of Uncovering and Working with Mutual Dissociated Shame

Luise Weinrich, D.Min, LCSW

Cathy Siebold, DSW, LCSW, Moderator

This paper describes the navigation through a prolonged impasse and treatment-threatening rupture in the therapy of a patient with significant early relational trauma. Efforts to move beyond the impasse included recognizing and directly addressing with the patient the unformulated, dissociated shame states that were at play in the transference enactment. As the therapist identified her own unformulated memories, a dynamic relational shift occurred, allowing deeper presence and more effective use of non-interpretive techniques of mutual influence, affect regulation, and implicit communication.

After attending the presentation, participants will be able to

- Identify various ways that shame, especially unformulated shame states related to early relational trauma, may present during treatment.
- Identify and discuss techniques for working with shame and with challenging, co-transference shame-based enactments.

8.

The Divisive Absence of a Clinical Theory Upon Psychotherapeutic Practice

Gregory Bellow, MSW, PhD

Sylvia Teitelbaum, MSW, LCSW, BCD-P, Moderator

What was and remains missing in psychoanalytic writing is a set of fully defined, interrelated concepts and operating principles that link the *why* of general theory to the *how* of applied psychotherapeutic practice

written in straightforward prose. The antidote to these divisive absences is a freestanding clinical theory separate from but applicable to any general theory and to its clinical application that facilitates movement between theory and practice.

After attending the presentation, participants will be able to

- List and describe the content of the six components of a clinical theory.
- Discuss the functional relationship between these components in psychotherapy.

Reflections on Psychoanalytic Supervision

Michelle Kwintner, PhD, LCSW-R

Sylvia Teitelbaum, MSW, LCSW, BCD-P, Moderator

There are many stories of analyses written by analysts and few by analysands. Guntrip's account of his two analyses with Fairbairn and Winnicott is a famous example of the latter. There are still fewer tales of supervision written by supervisees. After reflecting on her two supervisory experiences, the presenter will describe some features that keep the learning space open during supervision and elements of the supervisory process that may lead to a collapse of that learning space.

After attending the presentation, participants will be able to:

- List two features of the supervisory process (from the point of view of supervisor or supervisee) that facilitate growth and learning.
- Describe an experience of being in supervision or supervising in which learning was blocked.

9.

Reaching Across the Divide: Using a System Enactment Framework to Engage Divisive Dynamics in Treatment Systems

Cathleen Morey, PhD, LICSW

Lance Stern, MSW, LCSW, BCD, Moderator

System enactments, which are co-created phenomena that emerge through the convergence of patients' complex psychopathology, staff vulnerabilities, and organizational dynamics, frequently engender divisive dynamics among and between patients and treatment staff. This presentation will outline and apply a system enactment conceptual framework to clinical material. Enactment-informed interventions will be offered to highlight how an application of this framework can repair ruptures in patients' treatment, restore intra-staff functioning, and re-establish equanimity within treatment systems.

After attending the presentation, participants will be able to

- Identify the seven distinctive features of a system enactment.
- Describe the four steps in using a system enactment framework.

The Psychopathology of Everyday Life Circa 2023

Frank Summers, PhD, ABPP

Lance Stern, MSW, LCSW, BCD, Moderator

This paper will draw attention to psychopathology that would be clear to any analytic therapist if it existed in an individual, but it is frequently missed when it is the affliction of a culture. The current political situation in the U.S. will be used to show the way psychopathology permeates American society. It is argued that the current situation is not an isolated blip of history, but rather, the most extreme expression of a chronic psychopathology that has pervaded American culture at least since the

War of 1812 and the election of Andrew Jackson sixteen years later. Psychoanalytic understanding will be deployed to illuminate the pathology that is woven into the very fiber of American history.

After the presentation, participants will be able to

- Identify and describe the primary defenses used by today's American political figures.
- Describe the role of American exceptionalism in the psychopathology of American life.

12:30 – 1:30 pm Lunch on your own

1:30 – 3:00 pm Sessions 10 -17 (CE 1.5)

10.

Roundtable Panel – Part I

Race, Gender, Life, Liberty: A Psychoanalytic Perspective

AAPCSW Committee on Diversity and Social Action

Golnar A. Simpson, PhD, LCSW, Chair

Janice Berry Edwards, PhD, LICSW, LCSW-C, BCD

Corbin Quinn, PhD, MSW

Avah Toomer, MSW

Anne B. Segall, LMSW, Moderator

Questions of race and gender continue to be contested at the global level, in our communities, in our professional associations, and in our clinical work. This presentation aims to promote a conversation about the urgency of an expanded, holistic understanding of such conflicts. Unacknowledged, unresolved traumas – individual and collective – continue to persist. In the US, the historical legacies of slavery, and the oppression and marginalization of women and sexual minorities remain festering wounds on the psyche of the nation. As a profession, how can we use our clinical and theoretical tools to talk about urgent threats to the life, liberty, and wellbeing of our patients, our colleagues, and ourselves? Brief theoretical formulations and clinical vignettes are featured by the panelists. In part I, the focus is primarily on race. Simpson sets the stage with a contemporary psychoanalytic and clinical social work theoretical perspective. Conscious and unconscious dynamics of “Othering” such as projection, identification, the role of guilt and shame, and the concept of implicated subjectivity will be emphasized. Through a case vignette, Edwards will focus on the physical and mental impact of ongoing gun violence on the descendants of slaves. Toomer will offer the perspective of an early-career professional on the current state of our field, as it impacts the future.

After attending the presentation, participants will be able to

- Discuss the core elements of a psychoanalytic perspective on current complex biopsychosocial dynamics of race.
- Identify the essential aspects of how to move forward in meeting the current racialized challenges at the individual and collective levels.

11.

Panel

Sophie Freud Lowenstein and Clare Winnicott: Learning from Psychoanalytic Social Work Pioneers

Jane Abrams, DSW, LCSW

Joel Kanter, MSW, LCSW-C

Barbara Berger, PhD, LCSW, BCD, Moderator

Overshadowed, respectively, by a renowned grandfather and husband, Sophie Freud and Clare Winnicott both adapted psychoanalytic ideas to social work practice. This panel will introduce the ideas of both these brilliant social work clinicians and educators. First, Abrams will discuss Sophie Freud's life (1924-2022), scholarly record and contributions to clinical social work and share her personal reflections on her influence as a woman, educator, and social work professional in the course of a relationship that lasted over 40 years. In the second part of this panel, Kanter will share never published source material about Clare Winnicott's wartime experiences working alongside her future husband as well as case material from her psychotherapy practice. This will attest to her unique capacities that both contributed to the evolution of her husband's model of therapeutic consultation as well as to her creative psychotherapeutic practice.

After attending the panel, the participants will be able to:

- Describe the focus of Sophie Freud's clinical work and research and her impact on the field of social work.
- Discuss and evaluate her critiques of the work of her grandfather, Sigmund Freud.
- Discuss how Clare Winnicott collaborated with her future husband in developing a model of therapeutic consultation.
- Discuss how Clare Winnicott used countertransference responses in her psychotherapeutic practice.

12.

Worries of Everyday Life

Samoan Barish, PhD

Cathy Siebold, DSW, LCSW, Moderator

Although Freud never once mentioned the word "worry" in the entire standard edition, worrying is no doubt subsumed in his extensive treatises on anxiety. The presenter proposes to look at the concept of worrying, in its own right. She is exploring worry and why it is present to different degrees in most of our lives. What functions does our worrying serve? Or, does it serve any function at all? Is worrying only destructive, even persecutory, or can it also be constructive? There are so many interesting questions to explore.

After attending the presentation, participants will be able to

- Describe some of the analytic contributions to the concept of worrying.
- Identify some of the components contained in the concept of worry.

Choosing a Frame: How Medusa Tells the Story of Trauma and Life After Trauma

Ezra Yurman-Whyde, LCSW

Cathy Siebold, DSW, LCSW, Moderator

This paper names the elements of the Medusa myth that make it an uncanny allegory for trauma and examines the role of choice—both having choice and offering choice—in the treatment of trauma. It considers two perspectives on the myth: Medusa as a captive object to the hero in the myth; and Medusa as an autobiographer, the narrator of her own story, and a subject working to establish more control over her own experience.

After attending the presentation, participants will be able to

- Discuss Freud's interpretation of the Medusa myth and its subsequent rethinking.
- Explain how the Medusa myth acts as a vehicle for understanding key aspects of the trauma survivor's experience.

13.

Attachment Theory and Sexual Offending: Making the Connection

Melissa D. Grady, PhD, LICSW

Ashley Warner, MSW, LCSW, BCD-P, Moderator

Sexual offending is a complex and multi-faceted issue and one that has significant consequences for individuals and society. In order to reduce this issue and reduce crimes in our society, we must learn about why these behaviors develop and what we can do to prevent and treat them. This presentation will address how the concepts from attachment theory can be used to explain sexual offending behaviors and how relationally based models can be applied to intervene with this population.

After attending the presentation, participants will be able to

- Apply attachment theory to understand sexual offending behaviors.
- Identify strategies that can be used in treatment to reduce risk levels and promote healthier relational patterns.

Like Snow ... or Ash: Some Thoughts on Psychic Development and Experiences of Non-Recognition

Diego F. Muñoz, LMHC, NCC

Ashley Warner, MSW, LCSW, BCD-P, Moderator

This case study explores the internalization of bad objects, following Fairbairn's perspectives in object relations theory. The psychopathology of "non-recognition" and its impact on psychological development is investigated, through the story of David and his encounters with toxic masculinity, abandonment, and fraught relationships.

After attending the presentation, participants will be able to

- Define the application of Fairbairn's "moral defense."
- Assess and analyze the phenomenology of "non-recognition" in psychoanalytic work.

14.

Panel

Money: The Last Taboo in Psychotherapy

Silvia Dutchevici, MA, LCSW

Elizabeth Keeney, LCSW, MPA

Daniel Hoffman, MA, MSW, LCSW, Moderator

Whether it is fee setting, or deciding how much a psychotherapy session is worth, the topic of money is a difficult one for therapists and clients alike. This interactive workshop will introduce an equitable sliding scale model that also provokes therapeutic conversations around money, wealth, power, capitalism, and economic justice.

After attending the presentation, participants will be able to:

- Discuss two ideas about the history of money in psychotherapy.
- List three unconscious associations with money.
- Identify two personal beliefs about money and capitalism.

15.

Panel

Encountering the Other: Lessons from Our Patients on the Future

Brian Ngo-Smith, LCSW, BCD-P, FABP
Josh Abrahams, MS, LCSW
Andrea Barbour, MA, LMFT, Moderator

In this panel, Ngo-Smith will present “Canceling Oedipus: Generational Collisions and the Hoarding of the Future,” reflecting on a period in his work with a young man in analysis in which a hateful and regressive impasse brought both analyst and analysand into contact with the dangers of the pursuit of hope. Using clips from the film *The Lighthouse* to immerse attendees in this dynamic, Ngo-Smith will highlight its implications for cross-generational treatment dyads, as well as for our broader professional institutions and communities. Abrahams will present “The Walrus: Relational and Existential Threat and Opportunity Each Time We Meet...and Part,” sharing his yearslong work with a highly dysregulated child and his tumultuous relationship with his very competent but overwhelmed mother. In telling this story, Abrahams will emphasize the (at times) unbearable and irreconcilable human plight of living in the face of not-knowing and impermanence. He will address how all relating—including between parent and child, therapist and patient—is fraught with conflict, often unperceived, and how creating reciprocal connection and mutual understanding is by no means a forgone conclusion, but rather a significant achievement.

After attending the presentation, participants will be able to

- Apply psychoanalytic concepts such as the Oedipus complex to systems beyond the traditional (micro) clinical situation.
- Identify ways that enactment can surprise the clinical dyad, leading a way out of impasse.
- Connect existential concepts such as alienation and absurdity to identity formation and relational conflict.
- Identify ways that therapists’ self-interest can interfere with and undermine patients’ progress.

16.

Swimming to the Horizon: Crack, Psychosis, and Street-Corner Social Work

Zak Mucha, LCSW
Liz Johnston, PhD, LCSW, Moderator

Working with a population suffering severe psychotic symptoms, homelessness, and addictions, a non-traditional clinical frame can allow for psychodynamic work. The patient’s relationship to a dedicated clinician must be about more than meds and case management and can be one created in a clinical frame, not limited to the corners of a physical office. This presentation will examine the psychoanalytic possibilities of joining a patient’s world, both internal and external, to understand how psychotic symptoms can hold a narrative of past trauma and possess the hope for an emerging self.

After attending the presentation, participants will be able to

- Examine the possibilities for psychodynamic work with patients suffering from severe psychosis and all the socioeconomic factors that stem from a life on the margins.
- Identify how psychoanalytic theories of Winnicott, Bion, and others can be applied to community mental health work.
- Discuss how psychotic symptoms can be considered a trauma response attempting to find a narrative and to protect the self.

Trauma, Truth, Privilege and Care: A Framework for Psychoanalytic Action

Betty P. Teng, LCSW, MFA
Liz Johnston, PhD, LCSW, Moderator

This workshop will explore how the therapeutic tools and thinking of psychoanalysis are particularly useful for making sense of the sociopolitical nonsense of our times. A framework using, as its main beams, the psycho-sociopolitical concepts of *Trauma, Truth, Care* and *Privilege* will be offered, to reframe clinical skills and allow clinicians to see the capacity of psychoanalysis to address the entrenched sociopolitical divisions threatening our democracy.

After attending the presentation, participants will be able to

- Identify the ways in which *Trauma, Truth, Privilege* and *Care* are *psycho-sociopolitical phenomenon*.
- Discuss how a psycho-sociopolitical framework using the concepts of *Trauma, Truth, Privilege* and *Care* can make space for articulation about divisive sociopolitical struggles which collapse thinking.

17.

“Don't Touch Me! Don't Question Me! Don't Speak to Me! Stay with Me”

Linda Gross, LICSW, LCSW

Lynn Rosenfield, PhD, LCSW, Moderator

This presentation depicts a two-year treatment with a survivor of politically sanctioned torture. It reflects the unconscious interplay in the dyad where the intergenerational trauma of the therapist and the trauma of the client move between the two.

After attending the presentation, participants will be able to

- Describe the presence and flow of intrapsychic and interpersonal interaction.
- Identify historical material through references to Samuel Beckett's play, *Waiting for Godot* and Eva Hoffman's writing.

Silence and Disruption of Intergenerational Transmission of Trauma

Grace S. Su, MSW, LICSW

Lynn Rosenfield, PhD, LCSW, Moderator

Silence functions and is reinforced in various ways at the individual, familial, community, and political levels. A clinical case study is presented, documenting the implications and progression of silence and un-silencing of a Chinese American family with intergenerational trauma. This paper explores the historical silencing of Asian Americans, the role of silence in relation to intergenerational transmission of trauma, Asian Americans' experience with trauma and loss in the context of racial melancholia, and suggestions for collective actions that aim to disrupt the intergenerational transmission of trauma.

After attending the presentation, participants will be able to

- Identify at least two ways in which Asian Americans have been historically silenced.
- Describe how silence may enhance the intergenerational transmission of trauma.

3:20 – 5:50 pm PLENARY, Film Presentation (2.5 CE hours)

18.

Close

(Directed by Lukas Dhont; Produced by Dirk Impens and Michiel Dhont; Winner of multiple international film awards including the Grand Prix at Cannes, Sydney Film Prize, Sydney Film Festival. Co-production between Belgium, France, and the Netherlands)

William Meyer Film Series

Karen Redding, PhD, LCSW, Moderator/Discussant and *Chair*
Benjamin H. Nguyen, MSW, LCSW, Discussant

This 2022 coming-of-age film depicts a tender bond and unselfconscious friendship between two 13-year-old boys, Leo and Remi. Their relationship is blown apart, when in entering middle-school their schoolmates question if the two are a couple. Over the school year, the boys become progressively distant, and each grapples separately with conflictual and painful feelings. In writing the film, the Director, Dhont, was inspired by psychologist Niobe Way's book, *Deep Secrets: Boys' Friendships and the Crisis of Connection*, which documents her study of intimacy among teenage boys. Dhont suggests that the story in *Close* touches on his own early adolescent experience. "The film is a ... powerfully acted look at childhood innocence lost" (*Rotten Tomatoes*, 2023). It has been praised for capturing the theme of expectations of masculinity and coming-out.

After attending the presentation, participants will be able to

- Identify intervention strategies aimed at lessening risky behavior of adolescents who do not meet the expectations of gender-normative masculinity.
- Discuss ways of working with grief when complications are present.

6:00-8:00 pm Reception: Post-Movie Hour at the Hotel

Enjoy hors d'oeuvres (Cash bar.)

Saturday, November 11

7:45 – 8:45 am Registration

9:00 – 10:30 am PLENARY (CE 1.5)

19.

Race, Racism and Rage: Are Group Racial Enactments a Cultural Phenomenon?

Beverly J. Stoute, MD

Teresa Méndez, LCSW-C, LICSW, Moderator

Culture and history are constitutive elements of the unconscious. Cultural propositions about race are internalized and shape our intrapsychic perception of self and Other. From this perspective, race is a cultural construct and racism is a cultural process that structures the object relationship with the racial Other in predetermined ways. We internalize the culturally defined propositions about race and inclinations to discriminate as we grow up that reflect our psychosocial history of slavery and its legacy of racial discrimination and terror. The resistance to thinking critically about this history is culturally syntonic and culturally sanctioned and this influences how our subjectivity, as individuals, evolves and is racialized. In this radical re-interpretation of Freud's *Totem and Taboo* (1913) Freud's theory of aggression is expanded. It is posited that a dynamic structure exists in the social unconscious. Over generations, a cultural template of destructive sadism, through a repetition compulsion, results in learned silence and group enactments of racism. The template formulated here elaborates a framework for the psychodynamic understanding of racial enactments that goes beyond typical explanations of group psychology. Case examples including data from the recently published 2023 Final report of the Holmes Commission on Racial Equality in American Psychoanalysis will be integrated and discussed.

After attending the presentation, participants will be able to

- Identify the developmental trajectory in childhood of how cultural propositions about race are internalized in the socialization process and how that impacts the awareness of racial attitudes in adulthood.
- Identify the cultural history of sadism proposed that serves as the template for group racial enactments.
- Discuss in psychoanalytic terms the differential ways that people experience racial enactments based on their ethnic racial identification.

10:45 am – 12:15 pm Sessions 20-28 (CE 1.5)

20.

Panel

This Bridge Must Hold: Sustaining the Alliance with Parents in Child and Family Therapy

AAPCSW Child and Adolescent Committee

Glynis Kristal-Ragsdale, LCPC

Josh Abrahams, LCSW

Wendy Winograd, DSW, LCSW, BCD-P, Co-Chair, Moderator

This presentation will use two case examples, one by each presenter, to explore the complexities of maintaining therapeutic alliances in family work and how working with children and parents highlights unique vulnerabilities in the therapist. The presenters will focus on how their work in these cases requires bridging myriad divides: the divide between parents and therapist, between child and therapist, between parents and child, and between parents themselves. The presenters will explore how family work involves negotiation of multiple narrative arcs in a family's system, and how that negotiation is shaped by intergenerational, relational, intrapsychic, and cultural explanations of suffering.

After attending this presentation, participants will be able to

- Describe barriers to building therapeutic alliances with parents.
- Identify clinical infrastructure needed to work with children and parents.
- Describe how intergenerational trauma manifests in therapeutic alliances with parents.

21.

Roundtable Panel – Part II

Race, Gender, Life, Liberty: A Psychoanalytic Perspective

AAPCSW Committee on Diversity and Social Action

Golnar A. Simpson, PhD, LCSW, Chair

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Corbin Quinn, PhD, MSW

Avah Toomer, MSW

Anne B. Segall, LMSW, Moderator

This presentation aims to promote a conversation about the urgency of an expanded, holistic understanding of social conflicts pertaining to matters of gender, in general, and the current struggles confronting women and LGBTQ+ communities, in particular. How might we use our clinical and theoretical tools to talk about urgent threats to the life, liberty, and wellbeing of our patients, our colleagues, and ourselves? Panelists will frame the discussion with a series of theoretical concepts and critical questions to build on the conversation. Simpson will present an overview of contemporary psychoanalytic and clinical social work perspectives, including contextual and intersectional influences.

Quinn will present a case that examines gender and race from an intersectional perspective, paying attention to the ways in which linguistic, gender, ethnicity, and racial differences manifest in the clinical dyad. Toomer will offer the perspective of an early-career professional on the current state of our field, as it impacts the future.

After attending the presentation, participants will be able to

- Discuss the core elements of a psychoanalytic perspective on current complex biopsychosocial dynamics of gender.
- Identify the essential aspects of how to move forward in meeting the current gender challenges at the individual and collective levels.

22.

Deconstructing the Language of Psychotherapy Documentation

Daniel Hoffman, LCSW

Laura Groshong, LICSW, Moderator

Documentation and its associated policies are voluminous and oft-maligned in community mental health settings. Yet, what is documentation really about, and how does it affect both the clinician and the client's experience of treatment? This presentation will explore clinical documentation's foundations in psychiatry as well as its role in health care bureaucracy—and its often pernicious impact on psychotherapy.

After attending the presentation, participants will be able to

- Describe the factors extrinsic to the clinical situation that influence clinical documentation language.
- Identify ways that documentation policies can adversely affect the treatment experience.

The Psychodynamic and Political History of Evidence-Based Practice and the Assault on Our Mental Health and Mental Health Care

Allan Scholom, PhD

Laura Groshong, LICSW, Moderator

"Evidence-Based Practice," now virtually synonymous with cognitive behavioral therapy, has become the dominant paradigm in therapy in the U.S., while treatments of depth, insight, and relationship as in psychodynamic psychotherapy have been relegated to the sidelines. Yet while the justification for this rests on limited and often flawed evidence, EBP is used as a rationale by insurers for profit and by governments to cut cost by denying or limiting care, which also worsens social and economic inequality. We will address this by analyzing the history and role of systemic cultural and socioeconomic forces in the U.S., the internal politics of the American Psychological Association, and the struggles within the psychoanalytic and other psychotherapy professions to respond. We will highlight the influence of individual and group fantasy (as in American Exceptionalism and the American Dream) which results in the public acting against our own interests by tolerating a for-profit health care system that increasingly fails to meet our mental and health care needs.

After attending the presentation, participants will be able to

- Explain the historical context that gave rise to the domination of EBP and the role of CBT in this process.
- Discuss the role of fantasy, illusion, and mythology in perpetuating a system that largely operates against the interests and needs of the vast majority of our people.

23.

Workshop

Therapeutic Impasses in Long Term Treatment: When the Therapist Experiences Boredom, Discouragement, or Blame

Norman M. Sohn, PhD, LCSW

Edward Ross, LCSW

Fran Levine, LCSW, BCD-P, Moderator

A framework for understanding the patient's unconscious goals and how the therapist can help facilitate their achievement will be presented based on the cognitive relational psychoanalytic research of Control Mastery Theory. Kohution Self Psychology theory will also be discussed as it relates to how the patient works in therapy. Case presentations will illustrate the effective use of these frameworks in assisting the therapist to avoid the pitfalls of boredom, discouragement, or blame, while providing a method of calibrating the patient's progress. Cases provided by participants will be discussed.

After attending the presentation, participants will be able to

- Identify the patient's unconscious goals and how the patient seeks to enlist the therapist in furtherance of those goals.
- Describe how to calibrate a patient's progress and thus help avoid the pitfalls of boredom, discouragement, or blame.

24.

An Awakening: Working Through an Enactment

Stephen Kosmicki, LCSW

Renée Obstfeld, PhD, LCAT, LP, Discussant

Lynn Rosenfield, PhD, LCSW, Moderator

In this paper, a white male analyst delineates a transformative phase of the therapeutic process with an Asian-American female patient. The paper explores how the power dynamic inherent in the therapeutic dyad was negotiated around elements of race and fee in an enactment between analyst and patient. The analyst's countertransference (*partially experienced as a somatic countertransference*) and the patient's transference intersected in the "mutual spitfire projections and counterprojections," culminating in working through an enactment that is discussed in detail.

After attending the presentation, participants will be able to:

- Identify and describe how issues of race and fee can lead to conflict in the treatment and present an opportunity to work through.
- Discuss the efficacy of considering a conflict in the treatment as an enactment through a relational lens.
- Discuss how to view parental misattunement and intergenerational perpetuation of trauma within the context of misinterpretation of cultural norms and values.

25.

Panel

Engagement With Oppressed Populations and With Other Approaches: How Relational Psychoanalytic Practice Can Broaden Its Reach

Thomas K. Kenemore, PhD, LCSW

Terry B. Northcut, PhD, LCSW

Brent S. In, PhD, LCSW

Cathleen Morey, PhD, LICSW, Moderator

Relational psychoanalytic practice, attending to the internal complexity of the client's and clinician's experiential worlds, potentially offers much to oppressed populations. Humbly broadening our perspective to learn from the experience of those "othered" groups, and to equitably incorporate other practice approaches, can facilitate the utility and effectiveness of a relational perspective in our clinical work with clients historically "othered" by society and by the mental health field. Using the example of citizens returning from prison, we explore how relational psychotherapy can bridge the barriers to effective engagement with populations historically and currently considered not a good fit for relational psychoanalytically informed practice.

After attending the panel presentation, participants will be able to:

- Identify ways to engage clients representing oppressed populations.
- Explain how to incorporate other practice principles into a relational psychoanalytic practice approach.

26.

Heidi

Patricia Crevits, MFA, LP

Susan B. Sherman, DSW, LCSW, Moderator

This case study is based on the presenter's work as a Caucasian female psychoanalyst with an African American female, through the lens of Winnicott. It is proposed that our clinical work can be a rehearsal space for what is possible in the reality of the outside world.

After the presentation, participants will be able to

- Discuss Winnicott's "Use of an Object," and its application in a racial, socio-economic or cultural diverse therapeutic setting.
- Describe how patients' increased understanding of their private inner world impacts deeper appreciation of their external reality.

Hiding in Plain Sight: Finding Racial Conflicts in the Analysis of a Biracial Patient

Ruth Oscharoff, MA, MSSW, LCSW

Susan B. Sherman, DSW, LCSW, Moderator

This case of an analysis of a biracial young woman shows how the impact of racial difference remained unspoken until an enactment and dream were analyzed. Attention to the transference/countertransference matrix illuminated the racial/ethnic experiences and conflicts of both analyst and analysand. This led to the ability of each in the dyad to find what was hidden, ultimately leading to a deepening of the analytic work.

After attending the presentation, participants will be able to

- Describe unconscious conflicts around race in both the analyst and analysand.
- Formulate interventions that will deepen the treatment and help the patient understand and resolve those conflicts.

27.

Panel

Formulating Socio-Cultural Intersectional Identities in Psychoanalytic Supervision: A Lateral Process

Johanna Dobrich, LCSW-R

Panthea Saidipour, LCSW-R

Julie Hyman, LCSW, Moderator

This paper considers how a contemporary lateral model of psychoanalytic supervision may be well suited to facilitate a context of what the presenters call *expanded awareness*, in order to examine the shifting, changing, and ever-present impact of socio-cultural identities in dyadic context (and beyond). The presenters provide real time process of their collaboration, as they worked together to come to experience dissociatively held affects related to their own mutual socio-cultural identities, brought into the foreground through the supervisory encounter; and they situate this process and struggle within the origin story of the dissociation of cultural trauma in psychoanalysis itself.

After attending the presentation, participants will be able to

- Identify how to apply techniques from contemporary psychoanalytic practice toward formulating and examining socio-cultural identities.
- Define a lateral model of clinical supervision, in contrast with older models.
- Conceptualize how a state of expanded awareness can facilitate working with dissociated aspects of self/other identity.

28.

Part II

Race, Racism and Rage: Are Group Racial Enactments a Cultural Phenomenon?

Beverly J. Stoute, MD

Teresa Méndez, LCSW-C, LICSW, Moderator

Culture and history are constitutive elements of the unconscious. Cultural propositions about race are internalized and shape our intrapsychic perception of self and Other. From this perspective, race is a cultural construct and racism is a cultural process that structures the object relationship with the racial Other in predetermined ways. We internalize the culturally defined propositions about race and inclinations to discriminate as we grow up that reflect our psychosocial history of slavery and its legacy of racial discrimination and terror. The resistance to thinking critically about this history is culturally syntonic and culturally sanctioned and this influences how our subjectivity, as individuals, evolves and is racialized. In this radical re-interpretation of Freud's *Totem and Taboo* (1913) Freud's theory of aggression is expanded. It is posited that a dynamic structure exists in the social unconscious. Over generations, a cultural template of destructive sadism, through a repetition compulsion, results in learned silence and group enactments of racism. The template formulated here elaborates a framework for the psychodynamic understanding of racial enactments that goes beyond typical explanations of group psychology. Case examples including data from the recently published 2023 Final report of the Holmes Commission on Racial Equality in American Psychoanalysis will be integrated and discussed.

After attending the presentation, participants will be able to

- Identify the developmental trajectory in childhood of how cultural propositions about race are internalized in the socialization process and how that impacts the awareness of racial attitudes in adulthood.
- Identify the cultural history of sadism proposed that serves as the template for group racial enactments.
- Discuss in psychoanalytic terms the differential ways that people experience racial enactments based on their ethnic racial identification.

12:15 – 2:00 pm Luncheon at Hotel

Louis Straker, MSW, LCSW-C, Moderator

Lifetime Achievement Award to: Carol Tosone, PhD, LCSW

Presented by Theresa Aiello, PhD, LCSW

Professional Writing Award to: George Hagman, MSW, LCSW
Presented by Joel Kanter, MSW, LCSW-C

The AAPCSW Selma Fraiberg Award to: Wendy Winograd, DSW, LCSW, BCD-P
Presented by Karen E. Baker, MSW

The Diana Siskind Award for Excellence in Writing to:
Diego F. Muñoz, LMHC, NCC; Patricia Crevits, MFA, LP; Luise Weinrich, D.Min, LCSW
Introduction by Susan Sherman, DSW, LCSW

2:00 – 3:30 pm Sessions 29-35 (CE 1.5)

29.

Workshop

Race and Psychoanalysis: Enactments on the AAPCSW Listserv

Jennifer Bullock, MSW, LCSW

Jeff Savlov, MSW, LCSW

Lance Stern, MSW, LCSW, BCD, Moderator

The presenters' discussion will look at subtle and not-so-subtle dynamics of race through examples on the AAPCSW listserv. They will explore what these dynamics suggest about the field of psychoanalysis and its evolution in addressing or ignoring race, difference, and otherness. The goal is to facilitate a braver and more productive conversation of topics previously avoided, while developing less defended and more authentic ways of engaging.

After attending the presentation, participants will be able to

- Describe their own defenses around race and the implications for clinical practice, training, and collegial interactions.
- Identify racially charged interactions by seeking to understand the other first with humility about one's own experience and assumptions.
- Draw connections between the final report of the Holmes Commission on Racial Equality in American Psychoanalysis and dynamics in AAPCSW.

30.

Panel

In Conversation with Joyce Edward: A Life Well-Lived

Karen K Redding, PhD, LCSW

Sheila Felberbaum, MSW, LCSW

Golnar Simpson, PhD, LCSW, Moderator

This presentation is based on a conversation on June 12, 2023, between the presenters and Joyce Edward, who is 99 years old at the time. The conversation covers her professional life as a social worker, early determinates that influenced her to become a psychoanalyst, and personal reflections on the meaning that psychoanalysis has had in shaping her life.

After attending the presentation, participants will be able to

- Identify an example of how clinical experience influences revisions to theory.
- Describe how the professional life of a clinician can extend beyond the consulting room following retirement.

31.

Ideological Ruptures in Treatment in the Time of Trump and Covid

Joan Berzoff, MSW, EdD

Kevin Barrett, AM, LCSW, Moderator

This paper explores how therapists have experienced ideological differences with their clients in a sociopolitical culture of heightened anxiety, fear, polarization, and division. The presenter reports on her work with a right-wing Trump supporting client that led to a premature termination on the day of the Insurrection. This event compelled her to conduct 12 interviews with other analytic therapists who had also experienced political ruptures with their clients over Trump or Covid vaccinations. Therapists described their fear, anxiety, dissociation, and failures to mentalize after Trump's election and the pandemic. Some experienced contempt for clients; some said that they could not treat patients whose values were antithetical to their own. Many described challenges to their therapeutic authority that collapsed thinking, mutual curiosity, and resulted in empathic failures. How to manage strong affects, hold humility, and find ways to make trauma enactments thinkable will be discussed.

After attending the presentation, participants will be able to

- Analyze their own political differences with clients and the unconscious enactments that may occur between themselves and their clients.
- Examine their countertransference aversion when patients report political differences so different from their own beliefs.
- Critique self-disclosure, boundaries, and needing to be right that may collapse dialogue and mutuality.

Moving Beyond Polarization; Recreating Space for Dialogue and Connection Through Non-Attachment and Compassionate Wisdom

Fanny Chalfin, MA, MSW

Kevin Barrett, AM, LCSW, Moderator

This presentation will discuss the unrecognized ways psychotherapy is embedded in a body politic that has served the state, the power elite, and has unwittingly served to reinforce the status quo while purporting to be a primarily neutral personal space. It will explore the discomfort we feel when politics seems to unexpectedly disrupt the therapeutic alliance and will point to ways in which we can reengage with one another in this historically divisive time. The clinician's unexamined fears, defenses, and biases contributing to the political polarization in and outside the consulting room will be explored, followed by some thoughts on how to restore respectful dialogue and return to a deeper sense of our shared humanity.

After attending the presentation, participants will be able to

- Identify ways psychotherapy is embedded in a historical and political framework that serves the state, power elite, and reinforces the status quo.
- Describe how non-attachment, compassionate wisdom, an open heart, and an open mind lead to increased caring, curiosity, and greater tolerance in and out of the consulting room.

32.

The Inner-City High School as a Context for Adolescent Identity Formation: The Application of an Object Relations Model

Constance Catrone, DSW, LCSW

Cathy Krown Buirski, LCSW, BCD-P, Moderator

Schools' role in facilitating identity formation has been neglected in the literature and in practice. This presentation emphasizes the relational world of the high school 's relational world as an intersubjective context that either promotes or inhibits the development of a healthy sense of self.

After attending this presentation, participants will be able to

- Discuss how an object relations model of organizational functioning (Diamond, M 2016) can be applied to and elucidate the "hidden" workings of the interpersonal world of schools as well as its impact upon individual development.
- Describe how this relational model provides a road map toward improving school engagement, reducing oppressive practices, and building a more socially just and supportive community.

The Psychology of Twinship: Soulmates or Cellmates?

Joan A. Friedman, PhD, LCSW

Cathy Krown Buirski, LCSW, BCD-P, Moderator

Twins cannot be parental surrogates for one another. Nonetheless, often parents feel that the twin connection is more important than the parent-child connection. This parental abdication may result in twins growing up excessively dependent upon and possessive of one another. This presentation will highlight specific aspects of "twin psychology" frequently ignored or misunderstood in clinical treatment.

After attending the presentation, participants will be able to:

- Identify distinct childhood developmental differences that impact twin maturation
- Discuss how self-states and self-regulation in twins differ from singletons

33.

Our "Me" and "Not Me" Conscience Divisions: Imagine What We Are Not Now

Jerry Floersch, PhD, LCSW

Marsha Wineburgh, DSW, LCSW, Moderator

Psychotherapy should work to loosen the conscience from the myriad ways the person has internalized inflexible normative rules, regulations, or prohibitions. Personal symptoms, or observable internal stimuli, (e.g., anxiety, depression, rage), are the consequences of divided tensions between the self's striving for autonomy ("me") and rigid, internalized cultural norms ("not me"). Fundamentally, we all do the best we can to answer one question: What kind of person do I want to be, rather than the person I am supposed to be? Using composite clinical case material of young adults, this paper combines psychoanalytic theory with theories of state-government to explore how our conscience works to divide our personal selves and how this often correlates to our political beliefs. How might therapeutic interventions work to loosen the conscience from inflexible and polarizing (either/or) beliefs and actions?

After attending the presentation, participants will be able to

- Identify personal symptoms that mask rigid, inflexible, and censorial internal judgements of the autonomously striving self.
- Apply the theory to young adults while also understanding how social class and ethnicity act as mediating and influencing factors upon conscience development.

Increasing Adaptive Racial Socialization for Black Boys: A Psychodynamic Analysis

Huey Hawkins, PhD, LCSW

Marsha Wineburgh, DSW, LCSW, Moderator

This paper explores, from a psychodynamic perspective, the implicit and explicit psychological effects of cultural trauma for Black boys. It aims to prepare the clinician: (1) to understand normative psychological experiences of racism for these boys; (2) to help them cultivate a positive racial identity; and (3) to teach them ways to navigate safety in harmful racist environments.

After attending the presentation, participants will be able to

- Explain how psychodynamic therapy can help Black male children navigate safety in systematically racist environments.
- Identify how to create a holding environment where Black male children can develop a positive racial identity.

34.

“Social Life Lived Differently”: Psychoanalysis and Police Abolition

Jonathan Foiles, MDiv, AM, LCSW

Benjamin H. Nguyen, MSW, LCSW, CPH, Moderator

In the aftermath of the death of George Floyd, the profession of social work experienced a divide between those who would seek to accommodate the police and others who believe they should be abolished. The accommodationist and abolitionist perspectives are reflected in the history of social work, with the former revealing the shortcomings of Freud’s theorizing and the latter reflecting the promise of Winnicott’s work. Culturally responsive social work should build upon the radical roots of psychoanalytic history to work towards police abolition, in order to fulfill our historical commitments to social justice and equality.

After attending the presentation, participants will be able to

- Describe different stances within psychoanalysis upon criminality and reform.
- Assess how police abolition satisfies social work values.

External and Internal War: The Turmoil and Rage We Carry

Phuongloan Vo, MSW, LISW-S

Benjamin H. Nguyen, MSW, LCSW, CPH, Moderator

This is a case study about how remnants of unwitting historical and social cultural events that people live through remain dormant and hook themselves into their bodies and their minds. Conflicts persist and fester. Often, the trauma and suppressed anger inevitably come alive in clinical encounters. In this treatment, the client and the therapist enacted and survived an explosive moment that helped them to reckon and transform the internal turmoil and conflicts rooted in social, historical, and political division.

After attending this presentation, participants will be able to

- Describe how anger can fester and erupt from suppressed psychic turmoil.
- Identify and discuss the process of reaching across the divide to address rupture and repair.

35.

Panel

Youth Violence Understood from Inside and Outside: Empathic and Systems Perspectives for Remediating Authority-caused Youth Violence

Katherine Tyson McCrea, PhD, LCSW

Benjamin Lang, LCSW

Liz Johnston, PhD, LCSW, Moderator

In this panel, Tyson responds to the societal divisiveness of misunderstanding community violence by using two methods: 1) Kohut's empathic introspection used to analyze two case studies, and 2) a synthesis of social science and social psychological data about why youth join violent gangs and what can be done to help them. One case portrays a youth who received sufficient care and survived, and one case describes a young man whose care came too little too late, who was killed. Evidence from international studies shows that youth violence, while complex in the sense of having multiple causes across many layers of social systems, is also remediable. It points to how the U.S. can mobilize clinical and systemic remedies made available in countries with much lower levels of violence. Lang responds by using case material from the films *Candyman* and *Farming*, and the history of damage imagery and deficiency theories in psychology specific to the study of prejudice, racism, and violence. He incorporates how Meltzer's "British" child psychoanalytic model came to be commissioned by the Haywards, an interracial family of child psychoanalysts and education policy experts from the South Side of Chicago, a story that promotes collaboration between policy makers and clinicians and speaks to ways that we can work together to overcome divisiveness and violence in America today.

After attending this presentation, participants will be able to

- Define key terms for empathizing with the experiences of severely disadvantaged youth of color: cultural wealth, authority-caused violence and structural violence, intersectionality, race as a social construct, implicit bias, Sroufe's attachment-focused, "nonlinear, transactional model of development."
- Discuss principles of trauma-focused effective care for severely disadvantaged youth in the context of their multiple ACEs, U.S. cultural narratives, and policies impacting youth.
- Describe the South Side origins of Donald Meltzer's model, and their implications for this work.

2:00 – 3:45 pm Session 36 (CE 1.75)

36.

Panel

The Other Pandemic

Gil Cole, PhD, MSW

Ralph DePalo, PhD, LCSW

Boris Thomas, JD, PhD, LCSW-R

Nick Santo, DSW, LCSW-R

Louis Pansulla, MSW, LCSW

Theresa Aiello PhD, LCSW, Chair, Presenter/Moderator

Our country has endured many pandemics, possibly beginning with diseases brought by settlers to First Nation Peoples to Covid-19. In more recent times, the AIDs pandemic, erupting in the gay community, was fraught with shame and blaming of otherness. The film "The Loneliness of a Dinosaur," written and performed by Cole, will be shown. It depicts a psychoanalyst who goes back to therapy and relates the history of living with HIV/AIDS for 40 years and the deaths of his partners. In her paper "Learning the Narrative of AIDS in 1991," Aiello describes her introduction to the narrative of HIV/AIDS through a friend who was ill with HIV at the time. Psychogeography, trauma, and narrative theory will be included, as well as the connection between narrative and identity. In "Keeping Hope Alive," DePalo observes that in the 1980's patients diagnosed with AIDS were most likely receiving a "death sentence." Yet, cultivating hope in the face of chronic and terminal disease made a difference in their physical, psychological/emotional, and spiritual well-being. For Thomas, in "The Collision of Pandemics: Seeing My Patient, My Patient Seeing Me," a clinical treatment addressing COVID deaths unexpectedly unearths commonalities with the AIDS epidemic and implicates the therapist's identity as seen through the patient's trauma lens. In "Dead by 30: Organized Around Loss," Santo believed from an early age that his life would end at 30, following the loss of his cousin to AIDS-related complications in the

1990s. As he explores his experiences identifying as gay, he borrows concepts from intersubjectivity and self psychology and frames the narrative around Steven Stern's theory of Airless Worlds. In "AIDS and COVID: Rumblings, Remembrances and a 'Reckoning'," Pansulla unpacks a series of relational 'generative enactments,' through the juxtaposition of two 'plagues' (still ongoing today): HIV/AIDS in the 1980's and 1990's and the COVID pandemic in 2020-2023. Such phenomena have generational, historical, cultural, socio-political, and clinical implications. His 'reveries' highlight the impact of these plagues on his patients and himself.

After attending the presentation, participants will be able to

- Describe the impact of AIDS on the client in psychotherapy
- Identify the characteristics of treatment for persons with AIDS
- Discuss the history of clinical treatment of persons with AIDS.
- Describe the impact of AIDS today on the therapist.

4:00 – 5:45 pm PLENARY (CE 1.75)

37.

Hatred of Sex

Tim Dean, PhD

Marco Posadas, PhD

Brian Ngo-Smith, LCSW, BCD-P, FABP, Moderator

Influential and provocative queer and psychoanalytic theorist, Dean, will discuss his most recent book (with Oliver Davis), *Hatred of Sex*. Drawing on the work of Jean Laplanche, Dean will explore how psychoanalysis has come to hate sex and how this conflicted dynamic has been exploited by neoliberal turns in attachment theory, traumatology, and queer studies. In discussion, Posadas will seek to reintegrate cultural, gender and sexual diversity, and anti-oppressive practices into psychoanalysis.

After attending the presentation, participants will be able to

- Explain the difference between sexuality and sexual identity.
- Identify signs of sex-hating in clinical and social settings.
- Discuss the contemporary usefulness of classic psychoanalytic concepts, such as neutrality, the phallus, and the rule of abstinence, when working clinically with LGBTQ+ and racialised clients.
- Discuss the signs of sex-hating as a form of prejudice experienced in the countertransference that can push the clinician to participate unconsciously in an iatrogenic enactment.

6:30 - 9:30 pm Reception

Gateway Room and Phoenix Lounge, 2nd Floor, at theWit Hotel, 201 North State Street

Join us in a room that features floor to ceiling windows with an open kitchen where you can see Chef Michael Tauss' contemporary international cuisine prepared.

Note: Food and drinks from the Gateway Room are not permitted outside the space. Guests will not have access to the Roof Top during the event. Separate reservations are required for the Roof through theWit. They cannot guarantee availability to accommodate guests post-event.

Sunday, November 12

9:00 – 10:45 am Sessions 38-42 (CE 1.75)

38.

Panel

Psychoanalytic Sense & Sensibility: Bringing Psychoanalytic Application into the Social Work Classroom

Daniel L. Buccino, LCSW-C, BCD

Teresa Méndez, LCSW-C, LICSW

Brian Ngo-Smith, LCSW, BCD-P, FABP

Tina Adkins, PhD, LPC, Chair, Moderator

The panelists will explain the development of the Sue Fairbanks Psychoanalytic Academy and its new post-graduate certificate program in Psychoanalytic Social Work Practice. First, they will provide a history of the Psychoanalytic Lunch & Learn model, which was delivered to community social workers and clinicians, detailing past topics and the target audiences, and their reception within the community. Data on attendance and reach will demonstrate the growth of these one-hour lectures. Next, they will discuss how they built a curriculum and certificate program that weaves psychoanalytic theory and practice with social work values and application. The discussion will include what makes this program unique and different from clinical training programs, and how this can serve as a model for faculty or other social workers who are isolated or trying to demonstrate the efficacy of a psychoanalytic perspective on social work practice across all settings. Finally, they will highlight 1-2 areas from the 5 modules of the certificate program. They will end with evaluation data from the individual modules and overall course, to begin building the case for how other faculty or social workers can approach teaching psychoanalytic ideas in this innovative way.

After attending the presentation, participants will be able to

- Name psychoanalytically focused topics that can be presented in brief ways to community social workers and clinicians.
- Identify several approaches/methods in which psychoanalytic theory can be applied to the practice of social work in the classroom.
- Identify key themes to be included in a psychoanalytic focused curriculum for social workers.

39.

Panel

Advocating for Therapies of Depth, Insight, and Relationship

Linda Michaels, PsyD, MBA

Santiago Delboy, LCSW, MBA

Janice Muhr, PhD

Kevin Barrett, AM, LCSW, Moderator

Psychoanalytic thinking and practice have been increasingly marginalized professionally over the last several decades, are poorly understood by the public, and have historically failed to live up to their potential to influence social change towards healing. In this presentation, leaders of Psychotherapy Action Network (PsiAN) will discuss therapies of depth, insight, and relationship in the context of the contemporary social and professional world. We will explore the impact of tensions between our private work in the office and the outside world, making the case for healing professional divides and developing our capacities for advocacy, in order for our profession not only to survive but to fulfill its vital role. We will present original research with the general public to understand their attitudes, expectations, behaviors and associations to therapy, mental health, apps and platforms, including a comparison of pre-pandemic attitudes and perceptions and newly collected post-pandemic data.

After attending the presentation, participants will be able to

- Describe key aspects of the evidence bases for psychoanalytic treatment and short-term structured treatments.
- Describe the benefits that the general public seeks from therapy and their attitudes towards issues of mental health care.
- Describe an approach to advocacy intended to preserve and promote the value of therapies of depth, insight, and relationship.
- Describe arenas outside of traditional psychotherapy settings and populations in which psychoanalytic approaches to human suffering are utilized.

40.

An Introduction to Neuropsychoanalysis and Emerging Clinical Applications

Jane Abrams, DSW, LCSW

Christie M. Hunnicutt, MSW, LCSW, Moderator

Neuropsychoanalysis was established over 20 years ago by Mark Solms, whose vision was to apply contemporary neuroscience findings to psychoanalytic theory, thus picking up where Freud left off in his “Project.” Solms further sought to influence neuroscientists to study the subjective experience of the mind. The result is an ongoing exchange of ideas between clinicians and hard scientists across the globe, with a new focus on how to apply neuropsychoanalytic principles in clinical practice. The presenter will summarize how affective neuroscience, the science of memory, and predictive coding – the foundations of neuropsychoanalysis – have contributed to revisions of psychoanalytic theory while reinforcing the scientific underpinnings of many of Freud’s ideas. Case examples of clinical applications will be provided.

After attending the presentation, participants will be able to

- Identify how findings in affective neuroscience, memory science, and predictive coding have led to revisions of some of Freud’s ideas and to strengthening the scientific underpinnings of others.
- Describe how neuropsychoanalysis can enhance clinical practice.

Complexity and the Body: How Individual, Neurobiological Differences Shape Intersubjective Meanings and the Process of Self-Cohesion

Christina Peters, PhD, LCSW

Christie M. Hunnicutt, MSW, LCSW, Moderator

Individual, neurobiological differences shape each of our ways of perceiving, experiencing, and understanding. These aspects have been an overlooked area that impacts intrapsychic meaning. This presentation will use child and adult clinical material to explore how consideration of neurobiological differences adds complexity to understanding a patient’s “experience of” and opens up new ways of understanding dynamics in the session, helping the therapist to empathize with the patient’s experience.

After attending the presentation, participants will be able to

- Explain how neurobiological differences impact interpersonal and intrapsychic dynamics.
- Describe the role that neurobiological factors have on a therapist’s formulations and ability to fully empathize with patients’ experiences.

41.

A Social Work Psychoanalyst in Public Service: From the Bronx to Newtown, with a stop in Methadonia

George Hagman, MSW, LCSW
Michael De Simone, PhD, LCSW, Moderator

The paper is a brief account of the presenter's career as a social work psychoanalyst. He aims to share how we can address social justice issues through public service. By doing this, we can make the community-based services better, more just, and responsive to people's needs. He highlights one or two important aspects which illustrate how his being a psychoanalytic social worker played an important part.

After attending the presentation, participants will be able to

- Identify specific opportunities for social work practice in the community.
- Integrate psychoanalytic principles into social work practice.

Permeable Boundaries: The Spiritual Self in the Analytic Encounter

Ashley Warner, MSW, LCSW, BCD-P
Michael De Simone, PhD, LCSW, Moderator

Therapists are increasingly called upon to address not only personal or developmental disturbance, but the trauma of existential alienation resulting from a culture of constant emergency, urgent social and political crises, and prolonged estrangement from the structures that used to organize our lives. The impulse toward spiritual development is central to human identity. Attention to this dimension of experience, to the inextricable connection between us, offers a framework for increased empathy, intimacy, and an avenue of transcendence.

After attending the presentation, participants will be able to

- Describe the concept of "spiritual self" from multiple theoretical perspectives.
- Describe the function of spiritual exploration in psychoanalysis and psychotherapy.

42.

Penetrating Language

Sylvia Steinert, LCSW
Michelle Kwintner, PhD, LCSW-R, Moderator

Consideration is given to contemporary culture's impact on language and its communicative potential. This essay, drawing on psychoanalytic understanding of the human herd instinct, particularly in time of strife, outlines what the "talking cure" has to offer as counterpoint to group think.

After attending the presentation, participants will be to

- Describe how contemporary culture, the internet, and social media have affected language and its use.
- Describe how group membership affects communication.

From Divisiveness to Peace: Reflections on How We Get There

Marilyn Stickle, MEd, MSW, LCSW
Michelle Kwintner, PhD, LCSW-R. Moderator

Divisiveness, from a psychodynamic point of view, reflects disconnected states of self-awareness that represent unintegrated parts of consciousness. This paper integrates evolving psychoanalytic metatheory with a map of consciousness and demonstrates, through clinical application, the power of connection in creating change. Working from connected states of awareness we can do our part in addressing the divisiveness that is prevalent today.

After attending the presentation, participants will be able to:

- Discuss the concept of connected consciousness as it applies in the clinical setting.
- Identify an example of intuitive awareness that contributed to clinical understanding.

9:30 – 10:30 am Sessions 43 (CE 1.0)

43.

Shared Trauma, Shared Resilience: Impact of the Covid-19 Collective Trauma on the Clinician

Carol Tosone, PhD, LCSW

Louis Straker, MSW, LCSW-C, Moderator

This presentation reports the findings of a national survey of the impact of the Covid-19 pandemic on 3,200+ social work clinicians on their personal and professional lives. Insecure attachment style was correlated with shared trauma, burnout, and secondary trauma, while resiliency and compassion satisfaction were found to mitigate the impact of all forms of trauma. Clinicians reported professional posttraumatic growth as a result of the pandemic, including the move from agency to private practice, and reduced clinical hours to better enjoy their personal lives.

After attending the presentation, participants will be able to:

- Define shared trauma, shared resilience, and professional posttraumatic growth, new concepts in the psychoanalytic vernacular.
- Identify widespread existential shifts resulting from clinicians' dual exposure (personal and professional) to collective trauma.

11:00 am – 12:30 pm Session 44- 45 (CE 1.5)

44.

Panel

Emerging from Covid-19: Addressing "Social Malnutrition" in Clinical Practice

Joel Kanter, MSW, LCSW-C

Alan Levy, PhD, LCSW

Carol Tosone, PhD, LCSW, Moderator

Although the trend toward a reduction in social ties and social isolation has been evident for over a decade, the "social malnutrition" of many children, adolescents, and adults was exacerbated during the Covid-19 crisis. As a result, the incidence of depression, anxiety, suicide, and addiction has increased significantly, even attracting the attention of the Surgeon General as a public health crisis. In our clinical work, we see the impact of increasing social isolation in our daily practice; a vicious cycle ensues where isolation impacts interpersonal competence and lack of interpersonal competence increases isolation.

After attending the presentation, participants will be able to

- Identify the social trends that have greatly impacted the reduction in social ties and increase in social isolation.
- Identify how social isolation impairs personality development in adolescents and young adults.
- Outline psychoanalytically informed interventions for addressing ongoing social isolation.

45.

Panel – Part II

Hatred of Sex

Tim Dean, PhD

Marco Posadas, PhD

Daniel L. Buccino, LCSW-C, BCD, Moderator

Influential and provocative queer and psychoanalytic theorist, Dean, will discuss his most recent book (with Oliver Davis), *Hatred of Sex*. Drawing on the work of Jean Laplanche, Dean will explore how psychoanalysis has come to hate sex and how this conflicted dynamic has been exploited by neoliberal turns in attachment theory, traumatology, and queer studies. In discussion, Posadas will seek to reintegrate cultural, gender and sexual diversity, and anti-oppressive practices into psychoanalysis.

After attending the presentation, participants will be able to

- Explain the difference between sexuality and sexual identity.
- Identify signs of sex-hating in clinical and social settings.
- Discuss the contemporary usefulness of classic psychoanalytic concepts, such as neutrality, the phallus, and the rule of abstinence, when working clinically with LGBTQ+ and racialised clients.
- Discuss the signs of sex-hating as a form of prejudice experienced in the countertransference that can push the clinician to participate unconsciously in an iatrogenic enactment.

Committee:

Penny Rosen, Brian Ngo-Smith (co-chair), Daniel Buccino (co-chair), Jane Abrams, Josh Abrahams (events, hospitality), Karen Baker (child and adolescent subcommittee co-chair), Andrea Barbour, Samoan Barish, Kevin Barrett (events, hospitality), Barbara Berger (events), Janet Burak, Michael De Simone, Janice Berry Edwards, Scott Graybow, Judy Kaplan, Judith Rosenberger, Lynn Rosenfield (call for papers co-chair), Susan Sherman (candidate/student call for papers chair), Cathy Siebold (program consultant), Golnar Simpson (diversity and social action committee chair), Mario Starc, Lance Stern, Christy Tronnier (call for papers co-chair), Ashley Warner (hospitality), Wendy Winograd (child and adolescent subcommittee co-chair).

Call for Papers Readers:

Lynn Rosenfield and Christy Tronnier (Co-Chairs), Terrie Baker, Joan Berzoff, Kelly Bradham, Daniel Buccino, Fanny Chalfin, Michael De Simone, Velia Frost, Christie Hunnicutt, Molly Kiefer, Debra Koppersmith, Barry Ostrow, Lois Ostrow, Michele Rivette, Anne Segall, Norman Sohn, Lane Stern, Donna Tarver.

Candidate/Student Call for Papers Readers:

Susan Sherman (Chair), Jane Abrams, Valerie Frankfeldt, Beth Kita, Claire Rosenberg, Cathy Siebold, Donna Tarver.

Continuing Education – CE – 17.0 hours offered (Hours provided for each session attended)

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