The Third Body: The Couple Relationship

Presenter: Velia K. Frost, LCSW

Case Presentation: Angela Riccelli

Date: Saturday, May 16, 2015

Time: 10:00 a.m. to 1 p.m.

In this presentation Ms. Frost will address the inevitable conflicts endemic to couple relationships. She will describe this universal dimension of the life of a couple, applying what Ogden calls "the subjugating intersubjective third"—a third subject co-created through mutual projective identification, binding them together as a couple. The unconscious and conscious relationship between each partner and "the third" generates a spectrum of primitive emotions from bliss to entrapment.

Ms. Frost will present her own case examples and respond to the guest presenter demonstrating assessment and treatment techniques rooted in her theoretical formulations. Participants who RSVP will receive a copy of Velia's published article: "Tensions of Marriage: Love, Cooperation, Capitulation, Annihilation" to read prior to the program.

Participants are always encouraged to share related case material on the topic and we look forward to a lively group discussion.

Velia K. Frost, LCSW, is Assistant Clinical Professor of Child Psychiatry at UCSF. She trained at the Washington School of Psychiatry and the Tavistock Marital Training Program, and has lectured locally and nationally on working with couples. She is Co-Chair of the Northern California AAPCSW and maintains a private psychotherapy practice in San Francisco.

Angela Riccelli, LCSW, is an adjunct Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Stanford. Her

training in family/couple therapy includes the Ackerman Institute, the Family Institute of Cambridge. She has taught couples and family work at Smith College, University of California - Berkeley. She offers workshops and lectures on various aspects of couple and family treatment. She continues to be trained by her patients in her Redwood City private practice.

Jewish Community Center of San Francisco (JCCSF Rm 209) 3200 California Street San Francisco, 94118 b/t Presidio Ave and Walnut St. To get directions call 415 292-1200

Seating is limited: to hold your space and receive the article, please RSVP by email to: ritakaruna@mac.com

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