

**North Carolina Chapter of the
American Association for Psychoanalysis in Clinical Social Work (AAPSCW)**

Lost and Found: Understanding Mourning and Grief Through Memoir



Presenter: Kerry Malawista, MSW, Ph.D.

Discussant: Judy Byck, MSW, LCSW

Saturday, October 31, 2015

Presenter: Kerry Malawista, MSW, Ph.D.

Memoir, like psychotherapy, entails an emotional journey, a reimagining of the past, and a search to understand the self. Using excerpts from my memoir I will explore how one mourns the loss of someone who is essential to one's identity. How does someone accept the death of a loved person, without being continually assaulted by the overpowering shock of his or her death in the foreground? To mourn one needs to find a bridge between these two states, where a death can be integrated in small doses, moving between moments of excruciating pain to moments of ordinary day-to-day-living. I maintain that part of what provides a way through grief is the process of taking the loved one inside through identification.

Kerry Malawista, MSW, Ph.D. is a training analyst in the Contemporary Freudian Society and in private practice in Potomac, MD and McLean, VA. She is permanent faculty at the Contemporary Freudian Society and the Washington School of Psychiatry. She has taught at George Washington University Psychology doctoral Program, Virginia Commonwealth University School of Social Work and Smith College School of Social Work. She is the co-author of *Wearing my Tutu to Analysis and Other Stories* (2011) and co-editor, *The Therapist in Mourning: From the Faraway Nearby* (2013), both with Columbia University Press. Her essays have appeared widely including *The New York Times*, *The Huffington Post*, *The Washington*

Post, Zone 3, Washingtonian Magazine, and Voices, alongside many professional chapters and articles. She is a regular contributor to The Huffington Post.

Discussant: Judy Byck, MSW, LCSW

Judy Byck, MSW, LCSW, received her MSW from Smith College School for Social Work in 1990. She has worked in a wide variety of inpatient and outpatient settings with children, adolescents and adults. She worked for a decade at Family Counseling Service in Durham, where she was most recently Clinical Director. Since 2002, Judy has maintained a private practice in downtown Durham, where she specializes in relational psychodynamic work with adolescents and adults. She also provides professional consultation and supervision to therapists and agencies. She is on the faculty of the Psychoanalytic Education Center of the Carolinas (PECC), where in her capacity as a member of the Outreach Committee she works to develop and foster connections between the PECC and the broader mental health community. She is past Program Chair of the Board of the NC Psychoanalytic Society.

When: Saturday October 31, 2015

Workshop: 9:00 - 11:00 am

Refreshments and Registration: 8:30 am

Where: UNC School of Social Work, Room 135, 325 Pittsboro St.

Chapel Hill, NC 27514

Registration: [Online registration](#)

CEUs: Two Contact hours will be available for this event.

Questions:

If you have questions about registration, please contact Christy Tronnier at

NCAAPCSW@yahoo.com or call [919-307-5277](tel:919-307-5277)

If you have other questions please contact:

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