

# American Association for Psychoanalysis in Clinical Social Work – AAPCSW

March 14 - 17, 2013

Durham Convention Center, Durham, North Carolina

## CONFERENCE

Thursday, March 14	Walking Tour & Reception
Friday, March 15	Conference Registration, Plenaries & Sessions 2 – 15
Saturday, March 16	Plenary & Sessions 17 – 35 (Luncheon & Blue Jean Ball)
Sunday, March 17	Plenary & Sessions 37 – 42

*Sponsored by North Carolina Psychoanalytic Society*

*Co-Sponsored by the National Institute for Psychoanalytic Education and Research, Inc. (NIPER),  
educational arm of AAPCSW*

## PROGRAM SCHEDULE and HOTEL INFORMATION

### Under One Tent:

### Psychoanalytic Insights, Identities, and Inclusions

Psychoanalysis has had a sometimes painful history of splintering into disparate, exclusive groups. Some voices have been muted while others have been privileged. Contemporary psychoanalytic theories and techniques pull from many sources and encourage multiple orientations. What is gained and what is lost by our efforts at integration or separateness? Is there still space for debate and dissent? In addition, how do issues of identity, race, gender, sexual orientation, and social class inform and challenge theory and practice? In an effort to deepen our understanding and enrich our practice, this conference seeks to facilitate dialogue among clinicians and scholars from a broad spectrum of the psychoanalytic community.

**15.75 maximum Continuing Education / Continuing Medical Education (CE/CME) Credits:** It is open to mental health professionals and anyone else with an interest in this topic. Each program session, **unless otherwise specified**, is targeted for **an intermediate audience** and is eligible for the following:

**CME** CME Credits   **CE** Category A CE Credits   **LPC** CE Clock Hrs   **CEU** CEU Contact Credits

### Thursday, March 14

#### 5:00 – 8:00 PM – Walking Tour

Meet at the Marriott at 4:45, sharp! Amazing Taste Carolina Gourmet Food Tours' walking tour of Durham! Delectable food/drink, as you discover the history of "America's Foodiest Small Town." Register in advance. *List dietary restrictions/food allergies with registration. (Wear comfortable clothes/shoes for 2-mile walk.)*

#### 8:00 – 10:00 PM Opening Reception (and conclusion of the tour)

*Tyler's Restaurant and Tap Room, 324 Blackwell Street, in the American Tobacco Historic District. (For all conference participants, including anyone not on the tour. Cash bar.)*

THURS.

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## Friday, March 15

**7:30 – 9:00 AM**

Conference Registration and Breakfast

**9:00 – 10:30 AM**

**Welcoming Remarks:** Penny Rosen

**Opening Remarks:** Karen Baker

**Welcoming remarks from North Carolina:** Peter Perault

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### 1. Plenary

#### The Ethics of the Psychoanalytic Situation

*Jonathan Lear*

*Cathy Siebold, Moderator*

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The presenter questions why the psychoanalytic situation has to be the way it is. What is the relation between analyst and analysand, and why must the structure of commitments between them take the shape it does? He argues that these ethical constraints reveal something significant about the nature of human self-consciousness; and, that it is the remarkable nature of self-consciousness that is responsible for these ethical constraints.

*After attending this presentation, participants will be able to:*

- Describe how and why the constraints of the psychoanalytic situation are grounded in the nature of human self-consciousness.
- Demonstrate the essentially ethical nature of human self-consciousness.

## SESSIONS 2 - 7

**10:45 AM - 12:15 PM**

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### 2. Under One Tent – Really? Mindfulness, EMDR, CBT and Psychoanalytic Treatments

*Sally Davis Comer (Chair), Heather Craige, Alan Stern, Steven D. Bennett (Moderator)*

Making unconscious processes conscious, resolving conflicts, and using affective and verbal experience are at the core of psychoanalytic therapies. This panel will consider how other treatments, such as dialectical behavior therapy, cognitive behavior therapy, EMDR, mindfulness, and yoga, may or may not be integrated into psychoanalytic treatments.

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*After attending this presentation, participants will be able to:*

- Evaluate how treatments focused on symptom relief may and may not be effectively integrated into psychodynamic treatments.
- Examine factors that may affect the success of specific approaches, such as client characteristics and stage of treatment.

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### 3. Can You Hear Me? Can You See Me? Can You Understand Me? Psychodynamically Oriented Social Care in Clinical Work with Clients with Disabilities

*Joan Berzoff (Chair), Carol B. Cohen, Joel Kanter, Cathy Orzolek-Kronner*

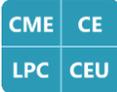
The panel addresses working with those who have sight and hearing losses and chronic mental illness. Two of the panelists have experienced profound hearing or sight loss. Relational dynamics, including power dynamics, and stigma and shame and their effects on identity and

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self-esteem will be addressed. To foster resilience, maturational arrests and developmental issues will be discussed.

*After attending this presentation, participants will be able to:*

- Identify a model of psychodynamically informed social care in work with clients who are disabled.
- Identify the kinds of early relational identifications and social milieus that may have undermined self-esteem and identity.
- Describe the therapeutic relationship, including power dynamics, that are enacted in work with those who are differently-abled.



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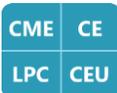
#### **4. Including Parents as Partners in Psychoanalytically-Informed Work on Behalf of Young Children**

*Denia Barrett (Chair), Diana Siskind, Erika Schmidt*

This panel demonstrates (1) a rationale for early intervention with parents of under-fives to allow progressive development in each to proceed optimally, (2) an exploration of parenthood as a developmental phase, and (3) clinical examples illustrating three distinct treatment models for working with parents on behalf of their young child.

*After attending this presentation, participants will be able to:*

- Identify the specific developmental factors that promote parents' capacities to function as therapeutic partners in addressing conflicts and interferences affecting their young child.
- Provide background for assessing who the primary patient is: the parents, one of the parents, or the parent-child dyad.
- Describe three psychoanalytically informed models of intervening that address the interface between (1) developmental guidance, (2) work with parent conflict that interferes with parenting practices, and (3) help the parent become the agent of change to address internal and internalized conflicts in their under-five child.



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#### **5. The Psychoanalyst and 'the Homosexual': A Long Dark Journey into Light**

*William S. Meyer*

*Barbara Berger, Moderator*

For many years after the deletion of homosexuality from the DSM, the psychoanalytic community persisted in promoting unscientific views and practices based on faulty theory. That history is explored, as a cautionary tale of what can happen when bias replaces critical thinking.

*After attending this presentation, participants will be able to:*

- Document the evolution of thinking within the psychoanalytic community about same-sex attraction.
- Trace how contemporary anti-LGBT organizations continue to use antiquated psychoanalytic theory to justify their ideas and practices.
- Identify how internalized prejudicial attitudes affect everyone, including those who come asking for help and those who provide treatment.

#### **The (K)not of Self-disclosure: One Therapist's Experience**

*Jill Newberger*

*Barbara Berger, Moderator*

This paper examines the clinical complexity surrounding personal disclosure when issues of the therapist's sexual orientation and major loss enter the therapeutic field.

*After attending this session, participants will be able to:*

- Identify the ways in which disclosing the death of a same-sex partner in a treatment setting is different from the disclosure of other personal matters.
- Explain the evolving nature of self-disclosure in clinical thought and practice as the grief process unfolds in the therapeutic setting.

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## 6. A Psychoanalytic Conceptualization of Psychological Trauma

*Harold Kudler*

*John Chiaramonte, Moderator*

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The debate between views formulated by Breuer and Freud at the close of the 19th century reflects modern disagreements about the nature of psychological trauma. Three dichotomies persist that, if engaged collaboratively, improve our understanding trauma survivors.

*After attending this presentation, participants will be able to:*

- Identify three critical conflicts in the theory of psychological trauma.
- Articulate two key distinctions between psychoanalytic and DSM perspectives on psychological trauma.

## The Work of Mourning Early Parental Loss

*Naomi J. Schlesinger*

*John Chiaramonte, Moderator*

Treatment of adults with early parental loss requires helping them retrieve a positive inner sense of the deceased parent. Not having an inner representation of the deceased parent is a double loss: loss due to death and due to a lack of memory and inner connection to the deceased.

*After attending this presentation, participants will be able to:*

- Identify salient issues in the treatment of adults with early parental loss.
- Explicate the importance of retrieving memories and positive identifications with the deceased parent.

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## 7. Successful Writing for Professional Publication: Conversations with the Journal Editors

*Kathryn Basham, Jerry Brandell, Carol Tosone (Chair)*

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Workshop participants have the opportunity to meet with journal editors to learn successful strategies for publishing in peer-reviewed journals.

*After attending this presentation, participants will be able to:*

- Identify the key steps involved in preparing a manuscript for submission to a professional journal.
- Identify guidelines reviewers follow when reviewing a manuscript.
- Describe the necessary steps to take to prepare a book manuscript for publication.

## 12:15 – 1:30 PM Lunch

On your own / or General Membership Meeting of AAPCSW



## 8. Plenary

1:30 – 3:00 PM

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### Meaning-Making as an Integrative Concept

*Ed Tronick*

*Susan Bokor Nadas, Moderator*

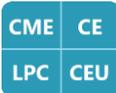
Using the mutual regulation model and dyadic states of consciousness model of infant-parent meaning making, the presenter will focus on how infants make different kinds of meaning about themselves in relation to others, things, and their own self. The integrative nature of meaning-making will be discussed along with some therapeutic implications and illustrations from the presenter's laboratory research findings and video tapes

*After attending this presentation, participants will be able to:*

- Describe the integrative nature of meaning making, especially when framed by dynamic systems theory.
- Examine the active and creative role of therapist and patient.

## SESSIONS 9 - 15

3:30 – 5:30 PM



### 9. Sophie's Dilemma: Relational Trauma and Adolescent Suicide

*Anne Segall*

*Sally Fine, Moderator*

Using the segment of "Sophie" from the series *In Treatment*, the author will address adolescent suicide in the context of development. Suicidality will be discussed as it relates to the clinical aspects of relational trauma, dissociative states, and developmental regression.

*After attending this presentation, participants will be able to:*

- Identify five developmental tasks specific to adolescence.
- Identify and illustrate key clinical dynamics of developmental regression related to suicidality in adolescence.
- Identify the effects of relational trauma on the developing adolescent including dissociative phenomena and disruptions in sense of self continuity, coherence, and agency.



### 10. Venice Beach Regulars: The Courage of the Homeless

*Stuart D. Perlman*

*Samoan Barish, Moderator*

A multi-media presentation includes 70 oil portraits of the homeless on Venice Beach painted on site by the presenter and his documentary *Struggle in Paradise*, which illuminates the conflict between the community and the homeless over the boardwalk. Their histories, art, poems, music, and photographs are incorporated. (Project reported in *LA Times*, KPCC, and *National Geographic*.)

*After attending this presentation, participants will be able to:*

- Identify some of the causes of homelessness.
- Describe the reciprocal impact of the homeless and the community they live in.

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## **The Intersubjective Action of Case Advocacy and Engagement in a Working Alliance**

*Lorraine R. Tempel*

*Samoan Barish, Moderator*

Infant research and neuroscience support an intersubjective framework for understanding how case advocacy may enhance client/worker mutuality and worker capacities to experience and communicate empathy. Narrative vignettes are presented to highlight this connection.

*After attending this presentation, participants will be able to:*

- Explain neuroscientific support for the potency of case advocacy activities in building therapeutic alliances with involuntary clients.
- Describe a psychoanalytic framework for viewing the intersection of clinical social work practice and social justice in action.

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## **11. The Role of Culture in Eating Disorders: A Particular Psychoanalytic Perspective**

*Yael Kadish*

*Anne Marie Dooley, Discussant*

*Ashley Warner, Moderator*

The author offers a psychoanalytic understanding of how contemporary cultural values regarding women's bodies influence the development of negative bodily attitudes and even eating disorders. Cultural prescription can lead to therapeutic impasse in female therapist-patient dyads.

*After attending this presentation, participants will be able to:*

- Describe feminist and psychoanalytic understandings of eating disorder with a particular conceptual synthesis.
- Demonstrate the way that contemporary cultural values regarding women's bodies manifest in the therapeutic relationship.

## **Putting It Together: An Integrative Approach to Treating Eating Disorders**

*F. Diane Barth*

*Ashley Warner Moderator*

Drawing from a range of theoretical approaches and using clinical examples to illustrate the concepts, this presentation will explore the use of an integrative approach to the treatment of clients with eating disorders. Concerns about and resistance to an integrative approach are addressed.

*After attending this presentation, participants will be able to:*

- Describe why and how different techniques and approaches are useful at different times, or at the same time, and can be integrated into therapeutic work with clients with eating disorders.
- Illustrate how techniques traditionally viewed as mutually exclusive, e.g., insight-oriented and cognitive-behavioral therapies, can actually complement one another and enrich the therapeutic work with individuals with eating disorders.

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## **12. The Dynamics of Bullying – And How Psychoanalytic Understanding Changed a School**

*David Smith, Renee Prillaman, John Heffernan, Harold Kudler (Discussant), Peter Perault (Moderator)*

This panel will summarize contemporary psychoanalytic understanding of the dynamics of bullying, and then describe how psychoanalysts and educators worked together to implement an anti-bullying program that lifted the culture and performance of a Durham, NC, elementary school.

*After attending this presentation, participants will be able to:*

- Identify bullying dynamics, including the triadic system in which the bully, the bullied, and the bystander each play an essential role.
- Describe a collaboration between psychoanalysts and educators that produced an effective psychoanalytic anti-bullying intervention in an elementary school.

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### **13. Money and Mayhem: The Clinical Hour and The Commodification of Helping**

*The Committee on Social Justice: Judith Aronson, C. Mark Massullo, Michelle Rivette (Moderator), Brenda Solomon, Jennifer Tolleson (Chair)*

This panel will explore the therapist's implicit identifications with capitalist ideology and its implications for the clinical hour through four essays: 1) the commodification of clinical time and the erosion of clinical sanctity; 2) fees, greed, and the corruption of the clinical frame; 3) Wall Street and the unconscious; and, 4) marketability and demonstrating worth in social work practice.

*After attending this presentation, participants will be able to:*

- Apply critical self-awareness of unarticulated system identifications.
- Describe monetary policy as it shapes practice.

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### **14. Panel: “Yes, And... Not ‘Yes, But...’”: A Multi-orientation Psychoanalytic Training Model**

*Judy Levitz (Chair), Leslie Cardell, Paul Hays, Michael Jenkins, Renee Obstfeld*

A psychoanalytic institute highlights its multi-orientation program along with the struggles of developing and implementing a diverse curriculum that represents seminal contributions from multiple orientations. Through personal anecdotes and clinical cases, graduates will describe the pros and cons of such a learning model, and how they applied this unique training to their clinical work.

*After attending this presentation, participants will be able to:*

- Describe how major and minor educational considerations go into the designing of a multi-theoretical analytic training curriculum.
- Identify the advantages, strengths, and challenges of working with diverse theories and techniques with their analytic patients.

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### **15. Can We Talk? Relational and Lacanian Psychoanalysis on the Brink of a Conversation**

*Barbara Tholfsen (Chair), Jamieson Webster, Avgi Saketopoulou, Daniel Buccino, Teresa Méndez*

In a provocative paper comparing and contrasting two very different approaches to psychoanalysis, Tholfsen challenges a panel of Relationalists and Lacanians to think through their assumptions about what it means to be a psychoanalyst in today's world.

*After attending this presentation participants will be able to:*

- Compare and contrast Lacanian and relationalist psychoanalysis.
- Discuss two Lacanian strategies for listening to patients.
- Describe two Relationalist strategies for listening to patients.

## Saturday, March 16

7:45 – 9:00 AM

Breakfast

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**16. Plenary**

9:00 – 10:30 AM

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1.5**Is Sexual Orientation *Still* a Useful Concept?***Ralph Roughton**Samoan Barish, Moderator*

Among the inclusions within "Under One Tent," perhaps the most current topic in society is that of sexual orientation and gay rights. The presenter will explore the evolving concept of sexual orientation since its inception in the late 19th century and then question whether the concept is still useful or whether we are moving into a "post-gay" era. Questions about identity and assimilation will be addressed.

*After attending this presentation, participants will be able to:*

- Discuss the evolution of the concept of sexual orientation and consider whether it should be the defining characteristic of one's identity.
- Discuss the historical advantages of the concept and consider what might be lost in moving toward a "post-gay" world.

**SESSIONS 17 - 22**

10:45 AM – 12:15 PM

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**17. Theory, Autobiography, and Paradigm Shifts***Theresa Aiello**Judith Rosenberger, Moderator*

The presenter examines the theoretical writings of Lou Andreas-Salome, her friendship with Freud and their mutual influence, and the seeming contradiction of her writing and her actual life. The questions of false self in theory, for whom the theory is created, and the mutual space occupied by those in influence of the theorist will be addressed.

*After attending this presentation, participants will be able to:*

- Examine the relationship between autobiography and theoretical formulations in the lives of psychoanalytic theorists.
- Examine paradigm shifts and the question of disenfranchisement between the theorist and the circumstances of her/his actual life circumstance.

**Under One Tent: Collecting Essentials and Avoiding Vital Throw-Outs***Patsy Turrini**Judith Rosenberger, Moderator*

The paper covers essential psychoanalytic observations and theorems gathered and recognized over time as curative. It applies Hartmann's contributions that fit with social work practice and

philosophy, explicates why some data has been discarded, and offers a framework that can be used for teaching and research. Case illustrations will explicate the concepts.

*After attending this presentation, participants will be able to:*

- Apply concepts to work with individuals and communities.
- Discuss the value of psychoanalysis as a body of knowledge applicable to social work.

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### **18. Shadows of Multiple Realities within Clinical Encounters: Intersections of Race, Gender, Sexual Orientation, Ethnicity, Class, Age, Religion, and Ability**

*AAPCSW Committee on Diversity and Otherness: Kathryn Basham (Chair), Cathleen Morey, Mari-Anna Yuko Bergeron, Janice Berry Edwards (Moderator)*

Three presenters will examine (1) Intergenerational legacies of unresolved grief shaped by ethnicity, gender, and religion in clinical processes with military couples; (2) Suicidal behavior examined in relation to female gender role identity and projective identification within the intergenerational dynamics of the family; and (3) The interface of institutional, political, and relational trauma in psychotherapy with a 10-year old girl and Latino family who emigrated to the US.

*After attending this presentation, participants will be able to:*

- Demonstrate how intersections of diversity (e.g., ethnicity, race, gender) influence therapeutic processes in inter-cultural practice.
- Explain how projective identification affects intergenerational transmission processes.

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### **19. Peasant in the Analyst's Chair: Reflections, Personal and Otherwise, on Class and the Forming of an Analytic Identity**

*Elizabeth Corpt*

*Karen Redding, Moderator*

The author explores social class as it relates to her transition from a working class background to developing an identity as an analyst. Disavowal and dissociation from class anxieties can foreclose exploration of deeper psychic issues and prevent us from contributing to the political, social, cultural, and economic dialogue.

*After attending this presentation, participants will be able to:*

- Identify issues of class in forming an analytic identity.
- Identify class shame as an obstacle to the exploration of deeper psychological concerns.

### **Psychoanalysis Later in Life: A Clinician's Perspective as Analyst and Patient**

*Renee Goldman*

*Karen Redding, Moderator*

The author addresses how her transition into growing old has been psychologically and philosophically affected by her own new analysis, which began at age 80. The paper explores the profundity of losses experienced by this older population, and the special role of transference in the analytic relationship, including clinical examples.

*After attending this presentation, participants will be able to:*

- Explain the impact of transitions on development.
- Describe anxieties exhibited in the aging process.
- Identify therapeutic interventions in working with the elderly.

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## 20. The Widening World of Trauma in Psychodynamic Practice: Contemporary Theoretical and Clinical Issues

*Faye Mishna, Shoshana Ringel, Jerry Brandell (Chair)*

This panel will examine (1) the traumatic sequelae of bullying in individual, social, and environmental contexts, (2) an artist's traumatic history that emerged through his dreams and creative work and the analyst's understanding of the trauma through her own connection to the holocaust, and (3) traumatic sequelae of a family member's suicide and the loss of conviction about professional ideals.

*After attending this presentation, participants will be able to:*

- Describe how a contemporary psychoanalytic understanding of trauma may illuminate the issue of bullying.
- Demonstrate how the intersubjective discourse may deepen the analyst's understanding of childhood trauma in an adult patient.
- Examine the longer-term effects of traumatic loss on an analyst's professional life.

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## 21. Proust's Novel: A Clinical Case and the Psychological and Social Determinants of Snobbery, Prejudice, and Love

*Arlene Kramer Richards, Lucille Spira*

*Adriana Passini, Moderator*

Proust's *In Search of Lost Time* is used to expand on Anna Freud's "identification with the aggressor" and illustrate how social exclusion is related to early feelings of exclusion from the parental couple in the family. A child who acts as a victim may resolve their guilt and humiliation by defending another victim or by excluding others if s/he identifies with the aggressor.

*After this presentation, participants will be able to:*

- Explicate how the social and psychological determinants interweave in some forms of prejudice and snobbery.
- Describe how a person may overcome the tendency toward snobbery or prejudice by empathy or identification with the victim.

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## 22. Adolescence: Developmental Issues in Gender and Sexuality

*Jeffrey L. Longhofer, Wendy Winograd, Susan Sherman (Chair)*

Two presentations involve (1) the comparative study of three adolescent males which examines "the overstimulation of everyday life," the effects in later adult development, sexual experience, the formation of desire, the roles of fathers, and severely depressed mothers; (2) the treatment of a 15-year old female-to-male transgender adolescent which draws on gender orientation theory, developmental deficits, and the influence of pre-adoption trauma and the adoptive family.

*After attending this presentation, participants will be able to:*

Differentiate dynamics of gender dysphoria from trauma-induced ego deficits and conflicts.

- Explain some of the developmental conflicts of gay and transgendered adolescents.
- Describe the impact of parental projections on the development of gender identity.
- Identify the role of overstimulation of erotic desire in adolescent males.

## 12:15 – 2:00 PM Luncheon

- Music with violinist Sonia Hsieh and friends, performing works by J.S. Bach and Tchaikovsky.
- *Lifetime Achievement Awards to:* Barbara Berger, PhD, presented by William S. Meyer, MSW. Jay C. Williams, PhD, presented by Anne Segall, MSW.
- *Student/Candidate Paper Awards to:* Raine Gifford, MSW, and Yael Kadish, MA, presented by Susan Sherman, DSW, and Diana Siskind, MSW.

## SESSIONS 23 - 29

2:15 – 3:45 PM

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### 23. Some Psychoanalytic Reflections on Friendship

*Joyce Edward*

*Richard Karpe, Moderator*

The importance of friendship in promoting and maintaining psychic well-being will be explored through a psychoanalytic perspective, including the capacities to form friendships and developmental problems and/or intrapsychic conflict that may limit such formation. Clinical material will demonstrate how therapy may further a patient's capacities in this arena of human relationships.

*After attending this presentation, participants will be able to:*

- Examine the important role that friendships play in our minds and lives.
- Identify what may stand in the way of a patient's ability to form friendships.
- Describe clinical interventions to deal with a patient's inability to either make or maintain friendships.

### The Role of a Visible/Visual Disability in the Clinical Dyad

*Fanny Chalfin*

*Richard Karpe, Moderator*

The author addresses the under-representation of people with disabilities in psychoanalytic literature as well as the impact on the therapeutic alliance, including transference/countertransference, when one person in the dyad has a visible/visual disability.

*After attending this presentation, participants will be able to:*

- To elucidate how disability is an important but neglected aspect of cultural competency.
- To increase awareness of the role of a disability in the clinical dyad.

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### 24. Falling Through the Cracks: Psychodynamically-Oriented Social Care with Homeless Women and Their Children, Pregnant and Parenting Teens

*Joan Berzoff (Chair), William S. Meyer, Cara Segal*

Relational theories and/or a Winnicottian perspective are utilized in working clinically with three vulnerable populations: African American homeless women and their children, and pregnant and parenting teens. Intrapsychic enactments and intersections of race, class, power, and gender in the clinical relationship will be discussed.

*After attending this presentation, participants will be able to:*

- Elucidate a model of psychodynamically-informed social care based in race, class, and gender dynamics.

- Apply psychodynamic relational concepts to working with homeless mothers and children and pregnant and parenting teens.
- Identify how a pregnant woman's memories of having been mothered combine with her current experiences of support in her attempts to be a "good-enough" mother to her baby-to-be.



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### 25. Mourning and Creativity: Finding the Write Words

*Sheila Felberbaum*

*Jay C. Williams, Moderator*

The author provides clinical and personal examples of how writing can serve as a therapeutic modality when dealing with the loss of a parent, spouse, and child. Analytic termination is explored as a preparatory experience for dealing with subsequent parental loss.

*After attending this presentation, participants will be able to:*

- Describe the concept of "narrative medicine."
- Identify ways to incorporate writing modalities into treatment.
- Differentiate a specific writing technique that offers a way to maintain a healthy connection to the deceased.

### Integrating Practices of Psychoanalysis and Mindfulness: Becoming Mindful of What?

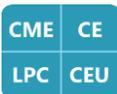
*Karen Redding*

*Jay C. Williams, Moderator*

The author explores how her psychoanalytic and mindfulness-based meditation practice informs and deepens the holding and containing function of the psychotherapeutic process. With the added dimension of mindful engagement, the clinician and patient have stronger access to inter-being states of relating.

*After attending this presentation, participants will be able to:*

- Identify and illustrate the four principles of a mindfulness-based meditation practice.
- Illustrate how a mindfulness-based meditation practice can cultivate a deeper presence in the clinician and create conditions for inter-being states within the therapeutic relationship.



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### 26. Understanding the Undifferentiated Selfobject: A Redefinition of Symptoms and Disorders

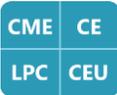
*Crayton E. Rowe Jr.*

*Janet Burak, Moderator*

Rowe has extended Kohut's selfobject concept to enable therapists to work with difficult populations including suicidal, addictive, obsessive, and anorexic patients. Rowe has redefined symptoms and disorders and has called into question the validity of diagnostic manuals. A case example illuminates the theory and treatment of a multi-disordered patient.

*After attending this presentation, participants will be able to:*

- Identify the undifferentiated selfobject transference as an extension of Kohut's concept of selfobject.
- Describe the importance of the undifferentiated selfobject in the understanding of symptoms and disorders.
- Define the importance in the treatment of a multi-disordered patient.



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## 27. On Father-Son Love, Transference, and Repair

*Peter Z. Perault*

*Sylvia Teitelbaum, Moderator*

Drawing on infant observation, attachment research, and other theoretical advances, the paper focuses on seven elements of affectionate experience between a father and son that seem necessary for full development. Case material demonstrates how specific transference interpretations may be able to repair and restore psychic structure and catalyze emotional growth.

*After attending this session, participants will be able to:*

- Describe seven distinct, overlapping elements of needed affectionate experience between fathers and sons.
- Identify corresponding positive transferences that arise in the psychoanalytic treatment of men.
- Illustrate how the “loving transference” can repair and build psychic structure and revive essential emotional experience.

### **Skin of Hate, Skin of Love**

*Peter Wood*

*Sylvia Teitelbaum, Moderator*

Attention is paid to the skin as expressive of self-representation and as the origin of self-representations. The author relates one function of skin, that of *containment*, to the patient’s psychic conflicts, object relations, and self-image as well as to thoughts about psychoanalytic work.

*After attending this presentation, participants will be able to:*

- Describe the importance of skin in the development of ego functioning and self-image and the concept of "containment."
- Identify the relationship of "containment" to skin and to clinical technique.



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## 28. The Problem with Pleasure

*Janet Migdow*

*Michele Rivette, Moderator*

The author’s research study explores how chronically traumatized populations and their therapists define pleasure, the disruption of pleasure, and the repair of the capacity for pleasure in the therapeutic relationship. A plea for further research is made.

*After attending this presentation, participants will be able to:*

- Identify the disruption of pleasure as a major outcome of chronic abuse and neglect.
- Discuss a variety of ways that patients and therapists articulate the interface between post-traumatic therapeutic repair, the elaboration of pleasure, and the development of the self.

### **Living in Terror, Working with Trauma: New Orleans and Israeli Clinicians' Perspectives on Shared Trauma**

*Carol Tosone*

*Michele Rivette, Moderator*

This paper presents the narratives of clinicians living and working in the traumatogenic

environments of New Orleans and Southern Israel and describes the impact on their personal and professional lives.

*After attending this presentation, participants will be able to:*

- Identify key components of PTSD and secondary trauma.
- Describe the unique characteristics of shared traumatic stress.
- Identify the different types of traumatogenic environments.



### **29. Critical Illness in Older Adults: Selfobject Survival in Later Life**

*Liz B. Johnston*

*Deborah Bunim, Moderator*

Freud's belief that older adults (over 50) should be excluded from psychodynamic therapies will be reexamined. Using Self Psychology, a case study describes an older adult whose critical illness was self-transformative.

*After attending this presentation, participants will be able to:*

- Describe how older adults react to surviving critical illness.
- Identify psychodynamic processes of older adults.
- Describe how a Self Psychology framework can provide an understanding of recovery from critical illness.

### **Traversing the Middle-Distance: Perspectives on the Integration of Loss**

*Kerry Malawista*

*Deborah Bunim, Moderator*

The presentation will focus on the mourner existing in a transitional space, a "middle distance," while weaving a narrative of separation, reconstitution, and a renewed self. Under consideration is the experience of the "middle distance" when a patient dies and when experiencing a personal loss.

*After attending this presentation, participants will be able to:*

- Explain the evolution of theories of mourning, including art, literature, and neuroscience.
- Explore the nature of a therapist's personal and professional bereavement.
- Describe the importance of narrative in coping with grief.

## **SESSIONS 30 - 35**

**4:00 – 5:30 PM**



### **30. Words Matter: Getting It, or Not**

*Deborah Field Washburn*

*Molly Kiefer, Moderator*

Language communicates internal states as they arise in shared rituals and understandings between parent and child, but words later fail to engage all domains of intersubjective experience. Vignettes illustrate this in treatment, and a case describes how a patient expanded her verbal and emotional repertoire, which improved connectedness with others.

*After attending this session, participants will be able to:*

- Explain and illustrate how misunderstandings between patient and therapist may arise from a

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mismatch between words and intentions.

- Discuss how the emotional resonance that is created over time between therapist and patient can help bridge the inevitable linguistic gaps.

**Waiting for Godot in the 21st Century –  
The ‘Lemming’ Effect: Freeing Apathy and Impassivity in Analytic Treatment**

*Ellen Ruderman*

*Molly Kiefer, Moderator*

Two cases will illustrate the metaphor of the 'lemming,' who repeatedly exhibits self-defeating behaviors, and the parallel between 'lemming' behavior and internalized messages of certain patients that bind them to patterns of apathy and impassivity. The therapeutic journey will also be examined as part of the 'lemming' effect in America today.

*After attending this presentation, participants will be able to:*

- Discuss methods to free patients' barriers to expression and activation.
- Examine countertransference and relational dilemmas of the analyst with regard to apathy and impassivity.

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**31. Getting Connected: The Virtual Holding Environment**

Sally Davis Comer (Chair), Andy Dunlap, Kari Fletcher, Margaret Arnd-Cadigan (Moderator)  
Creating a holding environment, through electronic media, for students in a distance doctoral program can be generalized to other forms of training requiring independent work. The panelists will draw upon Winnicott, Bowlby, and Yalom as well as their own process.

*After attending this presentation, participants will be able to:*

- Identify aspects for creating a "virtual holding environment" for collaborative endeavors.
- Discuss the benefits and challenges of sustained mutual assistance across distance.

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**32. Psychoanalysis and Symptoms: A Conundrum?**

*Robert E. Hooberman*

*Judith Batchelor, Moderator*

Symptom relief and resolution of internal conflicts and dynamics can be pursued in concert. This process occurs when symptoms are viewed as present day representations of memories, compromise formations, aspects of the therapeutic relationship, windows into fantasies, and portents of important change.

*After attending this presentation, participants will be able to:*

- Demonstrate an understanding of the current controversy regarding psychoanalysis and symptoms.
- Describe how psychoanalysis can both increase awareness of long-standing personality patterns and address explicit symptomatology while doing full justice to each.

**Rebuilding the Nest: Reworking Adolescent Development in Adult Addiction Recovery**

*Robert G. Whitman-Raymond*

*Judith Batchelor, Moderator*

Using a case vignette and classic children's story, addictive/compulsive behavior and substance abuse are explored as a strategy for managing loss at key developmental stages. Trauma

repetition explains the nature of chronic addiction. Recovery is chronicled through the therapeutic relationship.

*After attending this presentation, participants will be able to:*

- Explain the psychodynamics of addiction.
- Identify the relationship between addiction and the development of self.



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### 33. Case Studies and Research: Opening a Conversation

*Jerry Floersch (Chair), Jeffrey Longhofer, Jacob Suskewicz, Miriam Jaffe-Foger*

This panel explores the following: (1) The use of the case study as a form of research, including recent literature and a comparative and synthetic analysis, highlighting the basic elements of the case study; (2) A philosophical argument for why theory-building and causal explanations are the strengths of the case study method; and, (3) A pedagogy for teaching clinicians how to write case studies.

*After attending this presentation, participants will be able to:*

- Identify the role of the case study method in clinical social work education, practice, and research.
- Assess how a writing pedagogy could facilitate the development of case study writing groups.



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### 34. Keeping a Partially Closed Mind: Unanalyzed Countertransference in Working with Couples and Families

*Carl Bagnini*

*Velia Frost, Moderator*

The presenter will describe and illustrate the loss and recovery of his mentalizing function in working with traumatized couples and families.

*After attending this presentation, participants will be able to:*

- Identify how encapsulation and enmeshment produce countertransference paralysis when encountering traumatic process.
- Demonstrate how therapist resilience relates to the recovery of mentalizing and therapeutic functions.

### Recognizing Guilt: Therapeutic Ruptures with Parents of Children in Psychotherapy

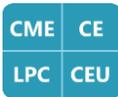
*Elissa Baldwin*

*Velila Frost, Moderator*

A case is made that working with parents is an essential component of child psychotherapy. Recognizing and addressing parental guilt and shame as possible sources of rupture in the parent-therapist relationship will be explored.

*After attending this presentation, participants will be able to:*

- Describe the theoretical basis and role of parent guidance in psychodynamic psychotherapy with children.
- Discuss parental guilt in the parent-therapist relationship, the role of guilt in therapeutic ruptures with parents, and how to strengthen the parent-therapist alliance.



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### 35. Finding Betsy in Dreams: the Role of Daydreams, Reveries, and Non-verbal Imagery in Fostering Understanding and Growth in the Therapeutic Relationship

Raine Gifford

*Susan Sherman, Discussant*

*Helen Steinberg, Moderator*

The therapist's reverie in response to the daydreams of a patient who is conflicted about being seen and known is explored. Daydreams are considered in relation to creativity – analytic and artistic – and as a way of bridging inner life and external reality.

*After attending this presentation, participants will be able to:*

- Describe daydreams and reveries of their patients and themselves.
- Describe how these images and thoughts may be used in the service of treatment and patient growth.

### Blue Jean Ball

**7:30 – 11:00 PM | Saturday Evening** (Wine bar opens 6:15 PM)

**Location:** Durham Arts Council, 120 Morris Street (1 block from the Marriott)

Dress in your favorite denim for a relaxed evening of camaraderie, BBQ buffet Catered by world renowned Crook's Corner, awarded *2011 America's Classic by The James Beard Foundation*. (vegetarian options), the jazz quartet of AAPCSW members John Chiaramonte and Jerry Brandell, and bluegrass music by the Kudzu Ramblers including Sid Comer of PECC on guitar. Separate registration required. Guests welcome.

## Sunday, March 17

**7:30 – 9:00 AM**

Breakfast



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### 36. Plenary

**9:00 – 10:45 AM**

#### Trauma the World Over and the Evolving Psychoanalytic Approach

*Judy Ann Kaplan, Moderator*

#### Perversion of Power When Mourning Never Comes

*Mary Gail Frawley-O'Dea*

Individuals, families, organizations, groups, and nations mourn losses, especially those engendering a sense of helplessness and loss of power. When mourning is delayed, dissociated, or defended against, a safer past that never existed is idealized. An "other" is identified and held responsible for the loss of the fantasied idealized past with an attempt to exert power "over" the identified and degraded other. Clinical, political, and cultural vignettes will illustrate the theoretical points made.

*After attending this presentation, participants will be able to:*

- Distinguish between nostalgia and mourning.
- List two adaptive purposes of mourning.
- Define "dissociation."

## A ‘Forward Edge’ Approach to Trauma: From the Couch to the Community and Back

Mark D. Smaller

Marion Tolpin’s ‘forward or leading edge’ approach, which focuses on the self’s biological and psychological instinct to move forward in development, has been used to treat severely troubled and traumatized adolescents and their parents. Clinical and research data has implications for development of effective psychoanalytic treatment of trauma in clinical and non-clinical settings and for informing policy to address dysregulation and violence in our communities.

*After attending this presentation, participants will be able to:*

- Explain a ‘forward edge’ approach in working with patients suffering from trauma.
- Utilize a ‘forward edge’ approach in various treatment settings and apply this approach to reducing violence in our communities.

## SESSIONS 37 - 42

11:00 – 12:30 PM



### 37. On Unrequited Love: Mastery, Submission, and Transcendence

Shoshana Ringel

Judy Byck, Moderator

A relational perspective on sadomasochism, feminist theory, attachment research, and an intersubjective view of trauma and dissociation are utilized to describe the analytic process between the author and her patient. This also demonstrates how mastery and submission binary roles can be transformed.

*After attending this presentation, participants will be able to:*

- Explain how attachment insecurity can impact patterns of gender and sexuality.
- Describe how dissociative processes affect both patient and therapist.
- Define how binary sexual and gender roles can be integrated.

### Hungry for Ecstasy: Trauma, the Brain, and the Influence of the Sixties.

Sharon K. Farber

Judy Byck, Moderator

The author explores the nature and neuroscience of ecstasy as a dissociated state, its triggers, and how it is related to near-death and other out-of-body experiences. Interventions with those seeking ecstasy will be examined.

*After attending this presentation, participants will be able to:*

- Differentiate between the quiet ecstatic states usually known as mystical states and the more frenzied, actively sought ecstasies.
- Describe the brain’s activity in inducing ecstatic experience and the various means by which it can be induced.
- Define ecstasy as an affectless, dissociated out-of-body experience, and compare its commonalities with other out-of-body experiences and with near-death experiences.



### 38. Community-based Intervention for Vulnerable First-time Parents

Janis Williams, Karen O’Donnell

Carole Dubber, Moderator

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This presentation will focus on a community-based home visiting program that uses the Healthy Families America model modified for Durham. The program will be described, case examples provided, and the results of a randomized controlled trial briefly presented.

*After attending this presentation, participants will be able to:*

- Identify the goals and activities of a community program for mothers and their young infants.
- Describe how parenting is influenced by “ghosts in the nursery.”
- Describe how a community-based home visiting program can help mitigate some of the risk factors for parenting such as history of trauma, social isolation, and young age of parenting.
- Explain the results for child behavior and parental stress in a research study of the home visiting model.

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### **39. Just Enough Distance: Using Skype in the Treatment of a Borderline Patient**

*Rebecca Sahn Mahayag*

*Patricia Macnair, Moderator*

The treatment of “Emily,” via Skype and in the office, illustrates the pros and cons of using Skype in special circumstances. The author challenges psychodynamic psychotherapists to consider how Skype might impact, for better or for worse, therapeutic interventions.

*After attending this presentation, participants will be able to:*

- Describe how Skype influences therapeutic interventions.
- Identify how the use of Skype impacts transference, countertransference, and the therapeutic relationship.

### **Web-Based Supervisor Training: Real Relationships in Cyberspace**

*Lynn Rosenfield*

*Patricia Macnair, Moderator*

This presentation describes a web-based training and supervision group for supervisors facilitated by the author. After adjusting to the new technology, trust deepened and typical supervisory and interpersonal dynamics emerged that were manageable through this online format.

*After attending this presentation, participants will be able to:*

- Identify common dilemmas encountered by clinical supervisors.
- Identify the strengths and limitations of utilizing web-based technology in the group training and supervision of supervisors.
- Discuss the ways that cyber-supervision can be relational and what the facilitator can do to enhance a sense of “presence” among the members.

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### **40. “I Am Not Who I Thought I Was” - Use of Grief Work to Address Disrupted Identity among Hispanic Adolescent Immigrants**

*Laura D. Miller*

*Michael De Simone, Moderator*

Using case studies, the author describes a way in which Latino immigrant teenagers can be helped to resolve their identity formation through psychodynamic grief work aimed at mourning the loss of identities and valued capacities.

*After attending this presentation, participants will be able to:*

- Identify immigration-related losses specific to Latino immigrant adolescents.
- Demonstrate an understanding of the concept of psychodynamic grief work.
- Illustrate how the use of grief work with immigrant patients can help reduce pathological responses to loss and separation.

### **Will You Leave Me Too? - The Impact of Father Absence on the Treatment of a Ten Year-Old Girl**

*David Strauss*

*Michael De Simone, Moderator*

The impact of father absence on child development and the nature of the transference between child and therapist is addressed. Psychoanalytic concepts and theories are applied to a case of a preadolescent girl with an incarcerated father, including the transference to a male therapist.

*After attending this presentation, participants will be able to:*

- Explain how father absence manifests in the treatment relationship when working with children.
- Describe how father absence can influence intrapsychic development.

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#### **41. LGBTQ Considerations in Psychotherapy**

*Carolyn Stevenson (Chair), Lou Pansulla*

This panel draws on a range of theoretical approaches, clinical examples, and countertransference self-explorations to illuminate lesbian, gay, bisexual, transgender, and queer (LGBTQ) issues that may arise in psychotherapy.

*After attending this presentation, participants will be able to:*

- Describe why and how different techniques and approaches are useful with LGBTQ issues.
- Articulate counter/transference dynamics in LGBTQ work.

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#### **42. Innovations in Practice: The China American Psychoanalytic Alliance (CAPA) Experience**

*Janice Berry-Edwards, Judith Rosenberger, Cathy Siebold (Chair), Elise Snyder*

Psychoanalysis, for all its shortcomings, continues to have worldwide appeal. This presentation will focus on training and treatment currently taking place in China. Presenters will share their experiences of cross-cultural teaching and practice.

*After attending this session, participants will be able to:*

- Explain the complexity of distance learning with Chinese practitioners.
- Identify how to train clinicians whose primary language is other than one's own.
- Define cultural differences and similarities affecting patients and clinicians as well as supervisors and supervisees.

## Notes

### **15.75 maximum Continuing Education / Continuing Medical Education (CE/CME) Credits**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the North Carolina Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 15.75 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The North Carolina Psychoanalytic Society is approved by the American Psychological Association to sponsor continuing education for psychologists. The North Carolina Psychoanalytic Society maintains responsibility for this program and its content. *APA provider number is 1578.*

The North Carolina Psychoanalytic Society is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. *NBCC approved provider number is 6518.*

North Carolina Psychoanalytic Society offers continuing education to social workers, except for those licensed in the following states: **CA:** Joan Rankin, PsyD, LCSW, is approved to offer continuing education to social workers by the California Board of Behavioral Sciences # *PCE 4142*. **IL:** The Institute for Clinical Social Work in Chicago is approved to offer continuing education for this program.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CE/CME program have any relevant financial relationships to disclose.

## Conference Location

The Durham Convention Center is connected to the Durham Marriott City Center, which is located in historic downtown Durham. Enter the Convention Center through the Durham Marriott City Center at 201 Foster Street, Durham, NC.

### **Hotel Reservations\***

\* Guest room reservations are sold out at the Marriott Durham City Center. The Hilton Durham is the overflow hotel with shuttle transportation to/from the Convention Center.

### **Hilton Durham near Duke University - OPEN**

- Reserve by February 20, 2013, for a discounted group rate of \$119/night.

**Location:** 3800 Hillsborough Road, Durham, NC.

**Call:** 1-800-HILTONS (445-8667) & mention **Group Code AAPC**

**Online:** [Durham.Hilton.com](http://Durham.Hilton.com)

Courtesy shuttle is available to The Durham Convention Center on a scheduled basis between the hours of 7:00 am - 10:30 pm.

### **Durham Marriott – SOLD OUT**

**Location:** Durham Marriott City Center, 201 Foster Street, Durham, NC.

**Call:** 1-800-909-8375

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Penny Rosen (Conference Chair)  
Cathy Siebold (Program Co-Chair)  
William Meyer (Consultant)

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Terrie Baker  
Samoan Barish  
Lisa Barnhardt (Exhibits)  
Barbara Berger  
Sally Comer (Student Volunteer Liaison)  
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Diana Siskind (Student Call for Papers)  
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## Readers

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